

September 2015 Issue 3

world student



**HOW I MADE
POSITIVITY
STICK**

AN INSPIRING TED X
TEEN SPEECH

**FORMULA
STUDENT**

ENGINEERING STUDENTS
RACE FOR THE PODIUM

Plus: New inspiring travel column, a student guide to Brussels and news from students worldwide

**COBIS** | COUNCIL OF
BRITISH
INTERNATIONAL
SCHOOLS

Viktor Göhlin
Founder,
Nokadi
Alumnus 2006

Bart van Straten
General Manager,
Van Straten Medical
Alumnus 1996

Emilija Petrova
Managing Director,
Trade Resource GmbH
Alumna 2002

Roxana Flores
Founder,
BeCaridad
Alumna 2011

Peter von Fortsner
Managing Director,
Häusler Automobiles
Alumnus 2010

Supareak Charlie Chomchan
Managing Director,
Pacific Rim Rich Group Co., Ltd.
Alumnus 2003

At EU Business School, you don't just learn from entrepreneurs, you become one!

Business school is where you build good habits, learn the theory, pick up practical skills and obtain the knowledge necessary to put your ideas into action. You need a business

school that will help you develop both as a businessperson and as an entrepreneur. At EU Business School, we make a difference in students' lives and propel them to success.

**PEOPLE HAVE IDEAS.
ENTREPRENEURS MAKE THEM HAPPEN.**

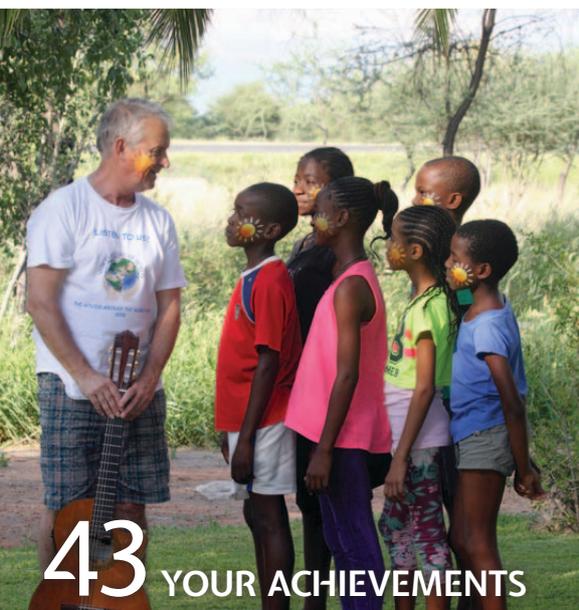




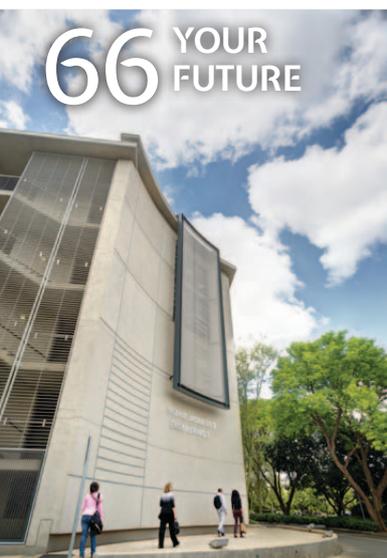
8 YOUR TRAVELS



32 YOUR EXPERIENCES



43 YOUR ACHIEVEMENTS



66 YOUR FUTURE



50 YOUR NEWS



23 YOUR VOICE



54 YOUR INSPIRATION

FEATURES

- 05 **Welcome**
- 07 **COBIS & World Student**
Colin Bell
- 08 **Numinous travels**
Liisa Toomus
- 15 **A guide to... Brussels**
Anna McDermott
- 21 **Get out there**
Madeleine
- 23 **#InternationalStudent**
- 25 **Speaking up!**
Inês Novais & Raul Girbal
- 30 **You only live once**
Liisa Toomus
- 32 **Jaw-dropping science**
Charlotte Brew
- 37 **COBIS on camera**
Alexandru Hutu
- 38 **Peacejam Monaco**
Luke Addison
- 41 **Exchange**
Patrick Smith
- 43 **Class of 2015**
Gruia Dimcea
- 46 **Voices around the world**
Anne Keeling
- 48 **Going green**
Pauline Mabalay
- 50 **World Student news**
- 54 **Formula Student**
Thomas Peirson-Smith
- 60 **How I made positivity stick**
Caitlin Haacke
- 62 **What drives you forward in life?**
Ishanaz Bahar & Dylan Alexander
- 64 **The quest for peace**
St George's British Intl School, Rome
- 66 **Reaching university**
BUSSATs
- 68 **The junior tukkie club**
The University of Pretoria

world student app



World Student magazine is available free to download via our new app. Search "World student magazine" in the App Store or on Google Play



Welcome!

Welcome to the September 2015 issue of World Student.

At World Student, we understand that, if anything, the one thing that unites international students is the desire to embrace cultures other than your own; to understand the world you live in; and to do so by embracing travel at any opportunity. Your ability to explore, understand and appreciate the diversity of the world is truly what makes you a global citizen. Issue three celebrates this by introducing two exciting new features that focus on travel.

We've added a travel guide feature on page 15 'A guide to...', which invites you to share the best places to eat, drink and explore in your country of study. This issue features a guide on Belgium's capital, Brussels, and is written by Anna McDermott who alongside her guide showcases her stunning photographs of the city. We're looking for students to write the guide for upcoming issues, so if you're interested, get in touch with us!

We are also delighted to announce the introduction of a new travel column, written by recent THINK Global School graduate, Liisa Toomus. In her column titled 'Numinous Travels', Liisa shares her vibrant, cultured travel photography, and delivers thought provoking writing that is inspired by her musings as a young person, and her travels around the world. Meet Liisa and read her first column on page 8.

Following on from the theme of travel, we have an inspiring article written by a mechanical engineering student from The University of Bath. Thomas Peirson-Smith, is the Project Manager of Team Bath Racing 2015, an exciting project that sees engineering students design, build, test and race a car in the international Formula Student competition. Thomas provides an insight into the experience of competing in England, Austria and Spain.

World Student is published termly, but we're on Twitter all year round – so feel free to tweet us @WorldStudentMag with your thoughts on this issue, and let us know what you'd like to see in future issues. You'll find social media links under each article, so if you like what you read – tweet, share and talk about it!

World Student magazine is created in partnership with COBIS, we would like to thank Colin Bell and his team for their continued support and partnership. Special thanks to the students, alumni, teachers, international officers and organisations who have contributed to the creation of this issue.

If you are interested in contributing to the next issue, please email editor@world-student.com with your ideas.

Samantha Wilkins, editor

world student

Editor

Samantha Wilkins, editor@world-student.com

Designer

Scott James, info@theoriadesign.com

COBIS enquiries

Natalie Friend, members@COBIS.org.uk

Subscriptions

Sara Rogers, srogers@johncatt.com

Advertising Sales

Madeleine Anderson,
manderson@johncatt.com

Website

www.world-student.com

Twitter

[@WorldStudentMag](https://twitter.com/WorldStudentMag)

App

Search 'World Student magazine' in the Apple App Store or in Google Play for Android devices

Tel: +44 (0)1394 389859
Fax: +44 (0)1394 386893

World Student © is published by John Catt Educational Ltd, 12 Deben Mill Business Centre, Old Maltings Approach, Woodbridge, Suffolk IP12 1BL, UK. Company registration 5762466

No part of this publication may be reproduced, copied or transmitted in any form or by any means.

World Student is an independent magazine. The views expressed in signed articles do not necessarily represent those of the magazine. The magazine cannot accept any responsibility for products and services advertised within it.

World Student © 2015

Printed by Micropress, Reydon, Suffolk IP18 6DH.

COBIS Conferences and Professional Development

2015/2016



cobis.org.uk

High Quality Training and Networking Opportunities

COBIS delivers conferences, webinars and training for a diverse cross section of the school workforce

Full details are published on: cobis.org.uk

Staff from COBIS member and non-member schools are welcome to participate in COBIS conferences and training

- **COBIS/King's Group Student Leadership Weekend, Madrid:**
9-11 October 2015, King's College Madrid, Spain
- **COBIS EYFS Conference, Ankara:**
23-24 October 2015, British Embassy School Ankara, Turkey
- **COBIS/King's Group Professional Development Weekend, Madrid:**
Teachers as Learners: Developing professional competence through deep reflection and reflective practice
6-7 November 2015, King's College Madrid, Spain
- **COBIS Conference for Bursars, Business Managers and HR Staff, The Hague:**
20-21 November 2015, The British School in The Netherlands
- **COBIS Conference for PAs and Secretaries, Bucharest:**
25-26 February 2016, The British School of Bucharest, Romania
- **COBIS Four-Day Middle Leaders' Course, Brussels:**
25-28 February 2016, British School of Brussels, Belgium
- **COBIS and Youth Sport Trust PE and School Sport Seminar, Coventry:**
2 March 2016, Coventry, UK
- **COBIS Four-Day Middle Leaders' Course, Doha:**
9-12 March 2016, Doha English Speaking School, Qatar
- **COBIS Conference for Teachers and Support Staff, Doha:**
11-12 March 2016, Doha College, Qatar
- **St Paul's Education Conference, in association with COBIS, São Paulo:**
Nurturing Every Child
19-20 March 2016, St Paul's School, São Paulo, Brazil
- **COBIS Conference for Marketing, Development and Admissions Staff, Prague:**
21-22 March 2016, Prague British School, Czech Republic
- **COBIS Conference for Teachers and Support Staff, Lagos:**
7-8 April 2016, Grange School, Lagos, Nigeria
- **COBIS Conference for Teachers, Nairobi:**
22-23 April 2016, Hillcrest International Schools, Nairobi, Kenya
- **35th COBIS Annual Conference for Heads, Governors and Senior Leaders, London:**
7-9 May 2016, London, UK
- **Advanced Child Protection Course, London:**
10 May 2016, London, UK

COBIS also runs free webinars on a range of CPD topics.

Visit cobis.org.uk/webinars for more information

Join Us

Join our High Quality Family of
British International Schools
Worldwide
Apply Online
cobis.org.uk

T: +44 (0)20 3826 7190 E: cpd@cobis.org.uk W: cobis.org.uk

Stay Connected:  @CobisDirector     

COBIS AND WORLD STUDENT MAGAZINE

Welcome to the third edition of the ever popular World Student magazine! Can you believe September has arrived already? For millions of students and teachers worldwide, September signifies the start of a new academic year, full of exciting challenge and reward. With this new beginning in mind, all good wishes for the academic year ahead.

As you delve into this new edition, once again, for the benefit of young people across the globe, from start to finish you'll find a feast of articles, all of which are thought provoking, stimulating and engaging. There has been no shortage of authors wishing to share their journalistic talent in this edition. Thank you to all who have contributed. All is revealed as you read on and learn more about world student news, travels, exchange programmes, academic and co-curricula achievements and enormously inspirational charitable and

environmental projects. In addition, the theme of developing positivity and what drives us forward in life is also explored. As we look after others and ourselves within our families, friendship groups and wider community, developing this skill and positive mind set is as important in September as it is in any other month of the year.

As a student centred organisation, the Council of British International Schools (COBIS) has reached some new milestones this September. Within the family of schools, there are approximately 135,000 students attending schools in more than 70 countries worldwide. In order to build on the excellent work of schools, COBIS coordinates a range of competitions and events, which challenge and engage students to be the best that they can be. Competitions focus on sport, poetry, science, film making, creative and performing arts, debating and communication. 2016 will see the

introduction of the new COBIS Model United Nations competition, which will no doubt be an enjoyable event for all.

Therefore, whether it be through submitting an article for the next World Student magazine, by participating in a COBIS competition or perhaps attending the COBIS and King's Group Student Leadership weekend, 9-11 October in Madrid, please don't hesitate to share your thoughts, to use your voice and talents and most importantly – to get involved! ●

Colin Bell, COBIS CEO

For more information about COBIS,

visit www.cobis.org.uk

ceo@cobis.org.uk

+44 208 240 4142

 [@cobisdirector](https://twitter.com/cobisdirector)



NUMINOUS TRAVELS

MEET LIISA TOOMUS, WORLD STUDENT'S

NEW TRAVEL COLUMNIST...



Photography: Liisa Toomus - Santorini, Greece, 2015

Numinous

Origin: Latin

Describing an experience that makes you fearful yet fascinated, awed yet attracted - the powerful, personal feeling of being overwhelmed and inspired.





Liisa on her 19th birthday in Athens, 2015



Liisa and friends

MEET LIISA

My name is Liisa Toomus, I study International Relations and Global Issues at The University of Nottingham. Today my passport is on the brink of running out of pages, and has long lost its golden crust on the outside meant to identify the nation you're from. Originally, I'm from an Estonian family in Gothenburg, Sweden: Although, I left my hometown when I was 16 years old in order to spend three years travelling the world as part of THINK Global School and to study the International Baccalaureate Diploma Program. I now look forward to writing about my past and future adventures in World Student magazine. I also enjoy photography, and have previously worked at Fashion Week and made TV commercials as a photographer, which is something I never saw coming! When I'm not in front of the computer typing, I can often be found running in cities, venturing in vintage shops and flea markets, or drinking flat whites in coffee shops. ●

Liisa's Passport

Origin: Tallinn, Estonia, Gothenburg, Sweden

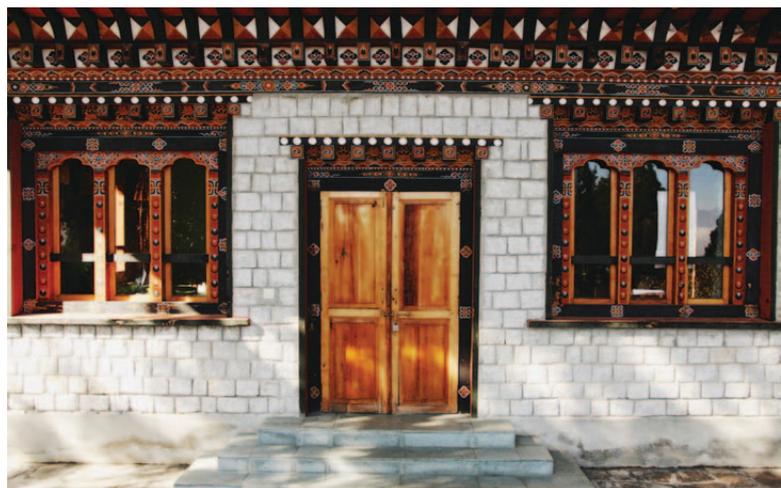
Study destinations: Buenos Aires, Argentina, Boston, USA, Hyderabad, India, Hiroshima, Japan, Auckland, New Zealand, Monteverde, Costa Rica, Athens, Greece, Bhutan, Srinagar, Kashmir, Doha, Tanzania

In her spare time Liisa has ventured to: London, England, Berlin, Germany, Paris, France, Toronto, Canada, Stockholm, Tenerife, Crete, Greece, Amsterdam, The Netherlands, Copenhagen and Denmark

Read Liisa's first column overleaf, and head over to page 30 to read her article 'You only live once'

 [liisatoomusphotography](#)

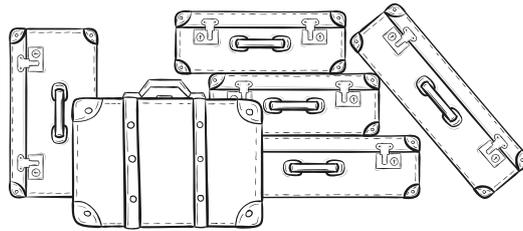
 [@liisatoomus](#)



Photography by Liisa Toomus: Top left - Copenhagen, Denmark Top right & Middle left - Santorini, Greece Middle right & Bottom right - Bhutanese Bottom left - Hiroshima, Japan

NUMINOUS TRAVELS

BY LIISA TOOMUS



My only sadness when it comes to growing older is that I only realised in the very end of my teens how vital it is to make mistakes. It started with a 5:25 AM flight to Tokyo a January morning last year. Or more honestly, it started with a missed long distance flight to Tokyo January 2014.

To begin with, I have never missed a flight or hardly any deadlines before. Yet there was that one pitch dark morning with empty roads where I clutched my seatbelt in fear as I watched my dad hit the accelerator on a long journey towards the airport. I ended up being five minutes late to boarding time. My dad and I later observed a plane roar through the sky on our journey back home. Two days later I sat in yet another flight with the same route going towards the land of the red dot and white canvas, this time packed with fragmented thoughts for 6 months in Japan.

I sensed that this was not meant to be my year. As I loved getting lost in the midst of Japanese characters, neon lit streets covered in rain and sushi bars, I feared seeing this year crumbling in front of my eyes. The missed flight was just a minor foreshadowing of the following months. I stayed up late many nights occupied by homework and long Skype calls and interviews. I got up early for long morning runs and performed poorly at way too many math tests during daytime. In the end of April I suddenly got sacked from my summer job due to their economic situation, which left me unemployed. Besides, for months, I had spent every free second refining my applications and essays to fancy summer programs that would help me get in to even better universities, only to get in and

get rejected scholarships. Eighteen year old me in the middle of the IB diploma program thought that this, this was it. The refining moment of my collapsing academic carrier and the very end to the beginning of my work life. I could have summed up all my sad diary entries by simply drawing a arrow pointing downwards, at least that's how it felt at the time being.

I was wrong. It was not the end. After many poor test results I learnt to shrug a bad grade off by telling myself "but I actually know this, I can do better the next time," and somehow actually accomplishing doing so. Instead of heading back to my old office job that I lost I managed to work in a creative studio with animation projects focused on trafficking in Uganda and Kenya. By the end of the summer I somehow stumbled upon an apprenticeship as a photographer at Fashion Week as well, and somehow the missed flight at the beginning of the year felt endlessly far away in time.

Don't get me wrong. I still make mistakes today, heaps of them actually. The only difference is that I look at them differently now. "It's all part of a learning curve," is what I tell myself. A bad job, a low grade, the wrong friend, too many nights out or a missed opportunity, is all fine. If somebody would ask me today what I believe in, my firm response would be that I believe in making mistakes. Especially when you are young. ●

Follow Liisa's travels, musings and photography at www.liisatoomus.com and on social media

 [liisatoomusphotography](https://www.facebook.com/liisatoomusphotography)
 [@liisatoomus](https://twitter.com/liisatoomus)

The LSE logo consists of the letters 'LSE' in a white, bold, sans-serif font, set against a solid red square background.

THE LONDON SCHOOL
OF ECONOMICS AND
POLITICAL SCIENCE ■

A night-time photograph of the London Eye, a large Ferris wheel on the River Thames in London. The wheel is illuminated with red lights, and its reflection is visible in the water. In the background, several buildings are lit up, including a prominent blue-lit skyscraper. A boat is visible in the foreground on the right.

STIMULATING COSMOPOLITAN ACADEMIC EXCELLENCE

Challenge yourself, intellectually, socially and personally. Join an international community of world-leading social scientists in the centre of London.

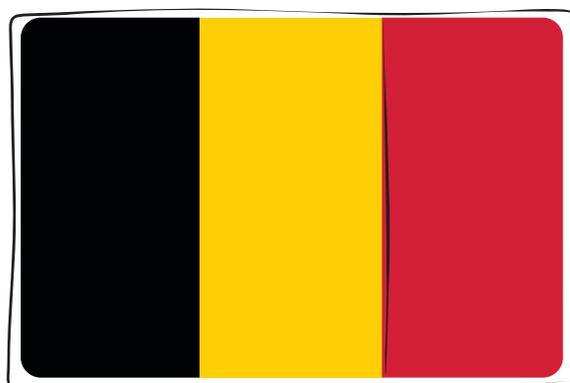
"My favourite feature of LSE is its internationality. The exchange of culture and opinions has helped me grow as a person and acquire a deeper appreciation for the world."

Veselin Karadotchev, BSc Philosophy and Economics, Sofia, Bulgaria

lse.ac.uk/worldStudent

A GUIDE TO... BRUSSELS

ANNA MCDERMOTT, A RECENT GRADUATE FROM THE BRITISH SCHOOL OF BRUSSELS SHARES HER FAVOURITE PLACES TO EXPLORE, RELAX, EAT AND DRINK IN THE CAPITAL OF BELGIUM.



Belgium

Brussels is known for being the capital of Belgium. It has a population of around one million citizens, and is officially a bilingual city (Dutch and French) although as a Dutch speaker I can tell you that the majority is French speaking. It is home to the European Parliament and its architecture illustrates that this is a historical yet fast paced and constantly growing city.

Belgium is known for its waffles, chocolate, chips and beer, I can confirm that this is not a lie. One cannot ignore the permanent smell of waffles lingering over the whole city. Also around every corner there are chocolate shops, luring you to look at the window displays with the most magnificent chocolate fountains. Brussels is also known for its traditional Belgian dishes some of which being; mussels with chips, Waterzooi, meat stews and even a simple steak accompanied by the different choice of sauces seem to always taste brilliant in the city centre.

Even though Brussels has lovely local cuisine, it does not have a huge amount of statues or landmarks that can be visited. Our most famous landmark is a sculpture only 30cm high featuring a little peeing boy called Mannenken pis. The locals like to dress him up in different outfits on special occasions. (So keep an eye out for that!) Brussels also has the Atomium, a great steel structure featuring nine huge balls each representing a province of Belgium (Now we have ten provinces after one split). The structure is actually a unit cell of an iron crystal and it's so large that it has scaled up 165 billion times the normal size. Even though Brussels does not have many landmarks, Brussels has beautiful architecture; delicious food, plus, the picturesque and interesting streets that can be found in this lovely city cannot be ignored. There is something for everyone, it has rich history, lots of shopping and brilliant beer bars that allow you to taste every single flavour you could possibly imagine.



Photography: Anna McDermott - Parc-Cinquantenaire

LANDMARKS

Parc-Cinquantenaire

Beautiful arc with some fantastic architecture. There is also a park nearby that is perfect to sit and watch the world go by. On hot days there are ice cream vans that park nearby.

Manneke Pis

The little peeing boy, sometimes dressed up by the locals (like St Patricks day - on Christmas day)

Het Atomium

A huge unit cell of iron crystal magnified 165 billion times; it's also a museum. It always looks stunning at night.

Avenue Louise/Panorama

A shopping street with a lot of boutiques and expensive shops, but at the end of the street you will end up at the 'panorama place' as we like to call it. This is the best place to get a view over the city of Brussels and it's skyline. You get a lovely view of the Cathedral and it's also situated right next to the palace of justice.

Parc Royale & The palace

The royal park that situates itself across from the king's palace, the palace is also worth having a look at. During the summertime there are days where you can actually go inside the palace for a tour. The park also has multiple events that are held throughout the summer.

Flagey

A square that is bustling in the hot days of summer, as people love to bring picnics and play around in the fountains situated on the square. (This is also where Café Belga is, see food & drink)

Grand Place

Generally regarded as the centre of Brussels, literally translated to the 'Great place' or as we know it just the main square of the city centre.

TIP

When Belgians ask if you want to go and have a drink they use the word Terras instead so in Dutch: "gaan we een terras'ke doen?" literally means "Shall we go and do a terrace?"



FOOD & DRINK

Chez Leon

Best place to eat mussels, it's in the main restaurant street around the back of Grand Place. I would suggest the mussels in white wine sauce, it's a classic, and the creamy sauce can be accompanied with a huge amount of chips! If you sit downstairs to the left of the main entrance you can watch the chefs in the kitchen working away. It's a very busy and bustling restaurant, so be prepared!



La Rose Blanche

Located in a beautiful building on the Grand Place. The terrace is perfect a drink and a Brussels waffle. Inside is great when the weather is cold on a winter's day, you can tuck into classic Belgian dishes. Top tip: if there's a larger group of you, try and get the large table by the fire, if you then look up you can see a huge white rose painted on the ceiling.

Waffle stands

All over the city there will be waffle stands. But beware there are two types of waffles you can buy, so don't get confused. The Luikse wafel is a heavy waffle with lots of dough and crystallised sugar inside it, these come from Luik (or in French, Liege), which is in a different province. The true Brussels waffles are light and are normally served with whipped cream and strawberries.

Delerium

If you're looking to have any kind of beer, Delerium is the place to be. Always busy and right in the street next to "Chez Leon". The little alleyway where it sits is always full of people from different countries each with a different type of beer in their hands. The little street permanently smells of beer but all in all always a good place to go.

Café Belga

Situated on the square called Flagey, Café Belga is a lovely place for a cold or hot drink. In the summer the square is packed full of people. The café also put out sunbeds for those who want to enjoy the warmth of the sun.

Terrase de l'hippodrome

Yearly 'terras' or bar that's organised and set up in Brussels city centre. Great for cocktails and a glass of sparkling wine.

Le cerceuil

A quiet, quirky, but brilliant bar just next to the Grand Place. Le Cerceuil literally means 'the coffin' and it looks like you're in a Halloween themed bar. There is a little sign that hangs outside, you then follow the tiny alleyway down to the door of the bar. It is always really dark in there but ultraviolet lights are present and make the place look extra spooky. If you want to drink a cocktail you'll notice the brilliant names they have given each drink on the menu. It sounds weird, but it's a really fun, quirky bar!





ACTIVITIES

The René Magritte museum

Brussels is the hometown of one of the most famous surrealist artists of our time, Magritte. The museum has a beautiful presentation of a lot of his artwork for a small fee. I'm a bit biased as I love Magritte, but any art enthusiast should really have a look at his work, it is truly fascinating how everyone interoperates his work in different ways.

Museum of Music

Just around the corner of the Magritte museum you can visit the music museum. It's easily recognisable by its quirky exterior against the more modern buildings.

Rent Sailing boats at Bois de la Chambre

Not so much in the centre of Brussels city, but just a short distance out there's a lovely forest where you can rent boats in the summer to sail around on the lake in the centre of the forest.

Attend a concert at Ancienne Belgique (or AB)

A great little concert venue in Brussels. Normally has new and upcoming artists playing or names that are not as big in Belgium as they are elsewhere. Tickets are relatively cheap and are mostly available on the door (if it's not sold out). All in all this is a brilliant venue to see live bands and artists as it only holds a few hundred people, which keeps you close to all the action and makes it a very personal and fun experience.

I have seen McFly, Olly Murs and Tinie Tempah there over the last couple of years.

Bozar

A venue that organises different cultural events throughout the year. Sometimes it shows old films, otherwise it will be home to a historical exhibition. The best thing to do is check their website to see what's on when you're in Brussels. I went there and watched an old silent movie where the score to the film was played live by a full string orchestra. A great place with some brilliant cultural events on all throughout the year. ●

Anna McDermott would like to thank Jonathan Patten for helping her find some of Brussels best spots for this feature. All of the photographs in this feature were taken by Anna McDermott

 @BSB_Brussels

EVENTS

Couleur Café

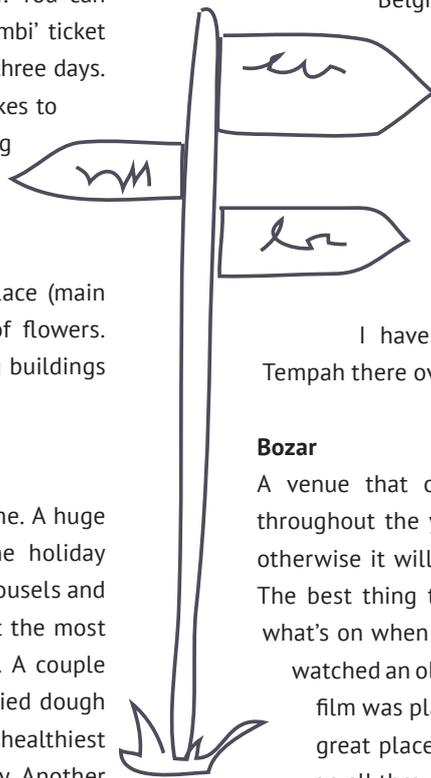
An annual festival held in the centre of Brussels, normally lasting three days at the beginning of the summer. You can buy day tickets or as we say here in Belgium a 'Combi' ticket that allows you to enter the festival site for the full three days. There is indoor and outdoor camping. The festival likes to promote upcoming Belgian artists as well as some big international names.

Flower displays on the Grand Place

In August depending on the weather, the Grand Place (main square) of Brussels is filled with a huge carpet of flowers. Sometimes you can go up in one of the surrounding buildings to view it from a balcony.

Brussels winter wonderland

Like every city, Brussels is beautiful at Christmas time. A huge amount of activities are organised throughout the holiday period. There is a Christmas market, ice-skating, carousels and a ferris wheel (that is definitely a must do). You get the most beautiful views of the city even when it's snowing. A couple of things to try are smoutebollen, these are deep fried dough balls dipped in icing sugar, it may not sound like the healthiest thing to eat, but tastes amazing on a cold winters day. Another thing worth trying is the Gluwein and Jenever. These are both alcoholic drinks that are served during the holiday period. Gluwein is an acquired taste, it's basically warm wine but you can smell it through the whole city when the Christmas market is on. Jenever is a small glass of flavoured gin, and you can literally have it in any flavour possible, my personal favourites are the vanilla and waffle flavoured ones.



BRUSSELS BEST KEPT SECRET

By Flagey there is a small lake, if you walk around it there is a huge rock that you can sit on and in. If you are there in the evening the sunset it beautiful as it reflects on the water of the lake. It's a great place to sit and have an evening with your friends.



WANT TO SHARE YOUR TRAVEL TIPS?

We're looking for students to write this travel guide feature for the next issue. Email us at editor @word-student.com to find out more.





GET OUT THERE

MADELEINE SHARES THE EXPERIENCE SHE HAD ON
HER GAP-YEAR IN TANZANIA

I decided to take a year out as although I had worked really hard and did well in my exams, I realised I wasn't quite ready for university yet. I wanted to gain a bit more confidence and meet new people.

I knew someone who had been on a Raleigh expedition who said he worked on really worthwhile projects and met some amazing people. He also said Raleigh was very well organised and made sure everyone felt very safe and well looked after, so I decided to look at the website.

Raleigh has genuine values and runs some very interesting projects. I believe that working with locals is very important if you want to achieve anything and Raleigh shared this view so I decided to go to away to Tanzania with them.

On my first project phase we went to a village called Usevya in the Katavi region to build rocket stoves. When we got to the village we started building our camp straight away and I went with our project manager to find our water

source. We realised it was in the middle of a school so we got a lot of attention straight away. Work was really good and we were welcomed into people's homes. Compared to us, the people there have so little but are still keen to share tea with us.

The rocket stoves had many benefits for the community. Women used to cook on an open fire which was very dangerous, with small children running around and with the amount of smoke that would build up in the room, as they didn't have



If I had to sum up my experience with Raleigh I would use six words: *The best time of my life*

much ventilation. Rocket stoves are also a lot better for the environment. They use a lot less wood than open fires which means less trees will need to be chopped down. This also reduces the amount of time people need to go foraging for wood, especially for women and girls who used to have to do this every day but now only have to do this once a fortnight, which means that they have more time for other activities.

In the afternoons we helped the children with their English, which is the compulsory language for children to be able to progress from primary to secondary school. We went to the English club and talked about Raleigh, generally helped with homework and English pronunciation. We supported the football team and organised a sports day for the kids which a couple of the teachers joined. It was a lot of fun and also helped bring the community closer together.

On my second phase we worked on a sanitation project in the village Upungu, where we were helping with the building of two new toilet blocks for a primary school. The school had very kindly provided accommodation for us in one of their buildings.

We got split into new groups and we used our first day to get settled in, sort out our camp and get to know each other

a bit more. On our second day we started with the work. It was hard work, but we could all see that what we were doing would really help the school and the community.

Living on the school grounds we were able to work with the children to raise awareness about hygiene and using the new toilets. After our first week the school had organised a welcome party for us. They performed a dance and the head master gave us a welcome speech, it was really nice to be greeted and accepted into the school by all the teachers and pupils.

In the afternoon we ran surveys amongst the local community, where we would go to houses with a host country volunteer and have a conversation about Raleigh, why we were there and what we were doing. We would always be very welcomed. They offered us tea and food which was so generous of them.

One of my best moments was on trek where we walked through some of the most beautiful places I have ever seen. We walked through the blazing sun and the torrential rain, it was so difficult sometimes but we all stuck together and got through it. Leon, our guide took us on a short cut to save a lot of time. That day we walked through a very muddy field and up a very steep hill which was quite hard with such a big bag, so we went very slowly. By the time we got to the top everyone was very tired and quite grumpy, but when we all turned around we looked out onto the most beautiful view ever. We could see the route we had walked for the last couple of days. Nobody cared how hard it had been to get up there anymore and everyone went quiet for a couple of minutes, taking it all in. That moment will stay with me for a long, long time.

Something I did find quite challenging was how deprived some of the villages we visited are. It is quite hard to realise

how lucky we are and how much we take it all for granted. However little they have, the people we met still seemed to be very happy and very welcoming.

I have learnt a lot about myself in my time with Raleigh. I can work in a team with a lot of different people. I can lead a group. I get things done and get on with people. I think nearly everyone who has been on Raleigh comes back respecting different cultures more than they did before they went out. I definitely did, and by being in a completely different culture I learnt a lot about our own.

To raise money for my expedition I went to one of the information days Raleigh organized in The Netherlands. I threw a party for all my friends and asked for donations where I received €300, which really surprised me. I also decided to send letters to a lot of big companies and Rotary clubs. I didn't really expect anything to come out of that but that raised €500!

At the moment I am doing some volunteer work, once again with Raleigh but this time in their London head office! There are always opportunities to continue helping out, and to get some office and presenting experience too. I have also been working to give some money back to my parents and set me up for University, which I start in September. While I was on Raleigh I heard East Anglia had offered me a place, which I was surprised and delighted about.

All my experiences over the last year including going away with Raleigh to Tanzania have given me a lot more confidence in myself. ●

To find out more about the opportunities Raleigh International offer, visit www.raleighinternational.org

 **RaleighInternational**
 **@Raleigh_**



More than sightseeing



More than travel



More than sunbathing

Volunteer on our international programmes around the world

raleighinternational.org/expeditions

More than your average adventure.

Raleigh
International



#INTERNATIONAL STUDENT

WE ASKED YOU TO TWEET US AND TELL US WHAT LIFE IS LIKE AS AN INTERNATIONAL STUDENT. HERE ARE OUR TOP PICKS...

You have friends from all around the world

When you arrive at international school, you enter with one accent, but leave with about six

All your sports tournaments involved a plane journey

Your life story contains a lot of "then we moved to..."

Some of your friends are from countries most people have never heard of

Someone in your class was always jet-lagged

You're used to hearing conversations in different languages





7 reasons why students love life and learning at AUBG:

1. Fully accredited American institution in Southeast Europe
2. Outstanding faculty from five continents
3. Active and talented students from 40 countries
4. One-of-a-kind dynamic multi-cultural environment
5. Modern and safe residential campus
6. Located in the beautiful, student-friendly town of Blagoevgrad
7. 4,000 successful alumni around the globe



Check out our amazing virtual tour at www.aubg.edu/campus-virtual-tour



“ At AUBG students live global politics. They might start their day analyzing US foreign policy with their Albanian, Serb, and Russian classmates, then talk about recent elections over lunch with Georgian and Mongolian friends. Later, they might discuss European policies with a Bulgarian roommate. AUBG gives students the affordable opportunity to live the cross-cultural skills so valuable in a globalizing world. ”

Robert Phillips
Professor of Politics

SPEAKING UP!

STUDENTS AT OEIRAS INTERNATIONAL SCHOOL IN PORTUGAL PARTICIPATED IN THE 2015 INTERNATIONAL PUBLIC SPEAKING COMPETITION IN LONDON. HERE THEY SHARE THEIR WINNING SPEECHES...

 [OeirasIntSchool](#)
 [@OeirasIntSchool](#)



MARY IMMACULATE COLLEGE
LIMERICK, IRELAND



Mary Immaculate College (MIC), founded in 1898, is Ireland's leading university-level College of Education and Liberal Arts. The College has a growing and diverse community of over 3,200 students enrolled in undergraduate programs in Education, Liberal Arts, Theatre Studies and Early Childhood Care and Education, as well as a range of postgraduate programs at Diploma, MA and PhD levels.

MIC is conveniently located in a leafy suburb just ten minutes' walk from Limerick city center, in Ireland's Midwest region. With access to all major routes, the campus is just 20 minutes from Shannon International Airport and near to all the most beautiful scenery and tourist destinations in the Shannon Region e.g. the Cliffs of Moher and Bunratty Castle.



MIC has a vibrant international community, collaborating with more than 50 partner universities & colleges in Europe, North America and Australia, and hosts over 70 international students annually.

MIC achieved the 2014 StudyPortals Award for Outstanding International Student Satisfaction, based on a survey that gathered thousands of responses from international students studying all around Europe.

"Deciding to come to MIC was the best thing I could have done for myself. MIC is a great college, filled with kind and welcoming people." Michelle McCabe, USA



WHY STUDY AT MARY IMMACULATE COLLEGE?

- Ireland's most prestigious and top-ranked College of Education and Liberal Arts
- Educating 40% of Ireland's primary school teachers, with only 1% attrition in Education programs
- Highly research-active faculty, over 82% of whom have PhDs (one of the highest ratios in the State)
- An accessible, friendly campus
- Staff focus is on students' wellbeing and academic involvement
- International students are fully integrated with Irish students
- Autumn or Spring semester study, or full-year programs
- Summer programs tailored to students' interests e.g. Servant Leadership
- Comprehensive orientation and continued staff support throughout
- Active International Students' Society
- Superb, modern facilities, with on-campus accommodation
- English language support
- MIC graduates are making a difference at the top level of many sectors, both nationally and internationally

As well as specialist courses in Education (Early Childhood and/or Elementary), the core subjects available for study abroad at MIC include:

- English Language & Literature;
- French Studies/ German Studies/ Irish Language (all available at beginner's level);
- Geography;
- History;
- Irish Heritage Studies;
- Mathematics;
- Media & Communication Studies;
- Music;
- Philosophy;
- Psychology;
- Theatre Studies;
- Theology & Religious Studies.

For further information, please see www.mic.ul.ie or contact international@mic.ul.ie / +353 61 774787



Education knows
no bounds ...
how far do you
want to go?

Choose a university in the
U.S. that is right for you.

international.collegeboard.org



THE LAST SPEAKER

by Inês Novais

Endangered. Voiceless. Silent. You are the last member, the last speaker of your culture. All the knowledge preserved in it gone forever. All those stories and myths that would never be heard of again. Silenced.

That is the reality of Boa, the last member of the Bo culture. She was the descendant of one of the oldest cultures on Earth that has lived in the Andaman Islands for over 65,000 years. Because of colonization, most tribe members were killed or died of disease. Others, witnessed their culture's demise in the process of becoming 'civilized'. In 2010, Boa died, and with her the language and culture of the Bo disappeared. Bo songs and stories lost. The secrets of their past muted.

Culture is what defines us. Shapes us. It is comprised of the dreams and the thoughts of generations. The world - a network of diversity where knowledge is shared, each culture with its own unique meaning of life. We express ourselves through language, rituals and art. Language, an essential key to the knowledge kept in a culture is fragile – it changes with the evolution of culture, and it is lost with the civilization's defeat.

With the discovery of the Rosetta Stone we finally succeeded in understanding Egyptian hieroglyphs and to decipher untranslated ancient language. By understanding their language, the knowledge of Ancient Egyptian literature and civilization was at last unlocked.

Today, languages are abandoned and disregarded. Every 14 days a language dies. Every 14 days, voices cease to exist. Throughout our history, the languages of the powerful have spread while those of the minorities have faded. This has continuously occurred, yet the rate of language disappearance has severely increased in recent years. By the next century nearly half of the roughly 7,000 languages spoken on Earth will likely disappear. Just by encountering a new language, you glimpse into the rich diversity of culture and experience that humans have created in every part of our world.

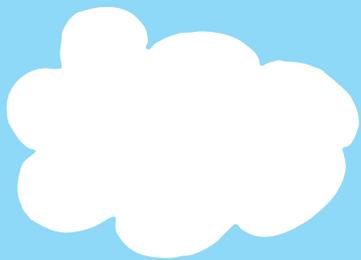
So, once again, let's ask ourselves - what is lost when a language goes silent? Every language contains the collective history of an entire people. It is a crucial component in defining a culture, through the people who speak it and what it allows speakers to say. Many of these endangered languages have rich oral cultures with stories, songs, and myths with no written forms. They have no Rosetta Stone. With the extinction of these languages, the knowledge contained in them is lost.

Sadly, this is not the only way we can lose our culture and our dreams.

A friend once told me a story of her country. In Australia, in order to end Aboriginal culture, the government forcibly removed Aboriginal children from their families. Children as young as babies were stolen from their parents to be placed in girls and boys homes, foster families or missions and were then released to live in society when they turned 18. Language and tradition can only live if passed to the next generation, and so they broke an essential circle of life.

An Aboriginal proverb states: "Those who lose dreaming are lost." The members of the stolen generations were prevented from dreaming. Their language, culture, forcibly removed from them.

I believe cultures are adjustable, ever changing as the world evolves. Some are lost in the course of time, others adapt. Yet the imposition of a culture on another is not adaptation. We are losing the diverse features of our world society. To preserve the knowledge of all cultures is not a luxury but a necessity. Only then will all of us be capable of dreaming in our own unique way.



THROUGH ANOTHER LENS

by Inês Novais

Imagine being thrown out of your home because you have a religion. That you follow your spiritual leader, and when your dream finally comes true by meeting him, you realize you cannot return home; and that you'll be separated from your family and friends for 30 years. This is what happened to a Tibetan woman who crossed the border to India to meet the Dalai Lama. When she tried to return to her homeland, the Chinese government confiscated her visa and she now lives in Dharamshala apart from those she loves. This is a story that has been silenced, such as so many stories in the creation of history. It is her story.

History is more than events. It is the manifestation of life. It represents the lessons we take from our mistakes of the past in order to evolve and develop our society. Without it, we move forward blindly, with no advice or help from our ancestors' lessons.

Yet history is created by historians. It is the human narration of a reality as seen by the historian. He reconstructs the past through records, photographs, testimonies. It is his story, and here lies the weakness. What if the accepted history of the past that we learn and adopt as the empirical 'truth', is just the story of what is not silenced through the process of creating and recording it? For there are many silences that may occur: first, in the creation of the records: some might be destroyed, forgotten or lost; then, in the selection of those records deemed to be more accurate by the interpretation of the historian: choices, selections, valuing where huge areas of archival remains are silenced; finally, not every narrative becomes part of the 'corpus' broadcast to the general public, us.

In 1949, the People's Republic of China invaded Tibet. China claims the occupation of Tibet was designed to liberate Tibetans from medieval feudal serfdom and slavery, providing Tibetans

to all rights of equality in the road of freedom and happiness. Also, according to records stored by the Chinese government, Tibet has been part of China since the Yuan dynasty from the 13th century.

On the other hand, Tibet claims it has a recorded history of statehood extending back to 127 B.C. and that this 'liberation' has resulted in the death of over 1.2 million Tibetans and the destruction of over 6,000 Tibetan Monasteries and cultural centres.

This is not only the loss of freedom for the Tibetans to own their own country, it is also the destruction of a culture. Every year that passes, the Tibetan culture fades away...

Last summer, I participated in a United World College' summer program in India. There, we visited Dharamshala, one of the largest refugee centres for Tibetans and where Dalai Lama lives. We took part in several conferences with the Tibetan Centre for Conflict Resolution and with surprise, I noted that one of my closest friends from the group, who is Chinese, still thought that Tibet was never invaded but that it was 'liberated' as Tibet had always belonged to China. This is the version of history that schools in China teach their children. If she enters China with a picture of Dalai Lama she can be arrested or interrogated.

After that summer, I lost the innocence of childhood of believing in one interpretation of history as the truth. I now look for silences. For her story, my story, your story...

To have the knowledge of only one history, viewing the story through only one lens, that is to remain a child.





THE DECEPTIVE HAND OF WISDOM

by Raul Girbal

There is a creature... it has lived for thousands of years, it has survived great catastrophes, battled disease, death, and destruction... it has seen Empires burn to the ground and new ones rise from the ashes. Throughout our lives it extends its hand with gifts of knowledge and experience, promising stability, security, and peace of mind. And while it does deliver, this promise is a disguise, because with its other hand it is a thief, it takes away from us the greatest of our qualities, and we naively and unsuspectingly accept. Remember it, ladies and gentlemen for its story has yet to be told and its deception unmasked.

But for now let us turn our attention to history, the greatest pride of humanity, a vast ocean of knowledge and perspective. Its study opens our minds to great ideas and dreams long past. It is a painting of our society, every great man and woman made with his or her own colour, extraordinary inventions and revolutions shine throughout its landscape, and the strokes of artistic genius permeate through its structure. Most of us learn the painting and live our lives following it, and while that life may be one of calm stability, when we die the painting will have only a new face but no new colour.

But sometimes, just sometimes, there is a man who looks at our painting and does the unimaginable. He picks up a brush, larger in scope than anything we know, and then he paints a dream. A dream that reinvents the picture of our society. Every shade made more pronounced, every hue intensified, every corner filled with new emotion and passion. Celebrations rock the world, festivals made in the name of this revolution, whole peoples in unanimous joy.

And after this storm, the world awakens brighter than ever before. But with time that painting which was remade will lose its colour, the greyish hint of stagnation will spread through its landscape, and the light of innovation will falter.

Now, ladies and gentlemen, this light of innovation reflects the child's mind, it imagines what many would say is foolish, dreams of what most would say is impossible, and it yearns for novelty and beauty. Picasso once said "It took me four years to paint like Raphael, but a lifetime to paint like a child." But we as a society obviously know better, we know that the child can only survive if it is in touch with reality and so, we strive to teach it history. Because obviously if a child knows the past it will better understand the world of the present.

And that is when we introduce him to that creature, bearing gifts of knowledge and experience. At first the child is suspicious and unwilling to accept its gifts and continues on many foolish endeavours. But slowly as the child gets older it becomes more open to the creature's gifts and one day, it accepts the gifts of that strange creature, a creature called Wisdom.

And slowly, yet surely, Wisdom takes away the child's novelty, takes away its dreams and replaces them with stability and a sense of judgement. The child, is now chained to the cage of reality, the sky, its dreams forever out of reach. To quote American Novelist James A Baldwin, "People are trapped in history and history trapped in them."

So I ask you, Is there something that can be done? Can we fight the eternal machines of our past? Can we overcome the infinite attraction of Wisdom's gifts? No we can't, because just as in a painting, time weathers our defences, it discolours us, and eventually it will break us.

But not without a fight... allow me to finish with the words of Thomas Jefferson "I like the dreams of the future better than the history of the past." ●

YOU ONLY LIVE ONCE

A SMILE, A CUP OF COFFEE... LIISA TOOMUS WRITES ABOUT THE THINGS

THAT SHE HAS LEARNT TO ENJOY AND CHERISH IN LIFE



Fall in love.

Not with a boy or a girl, but with anything in life. If where you are living and what you are doing is not fully appreciated by you, such as people greeting you differently on the street, the vibrantly red brick walls in that house you always pass on your way home, or seeing an elderly couple hold hands, you'll never be truly happy. Look out for the little things and allow yourself to fall in love, because soon they will be gone.

Opening up to people is gold.

Not everyone is out to hurt you. You can laugh all you want with people, joke day and night, and spend countless hours, but unless they've seen the dark corners of your story and your life and still embrace you with warm hugs, your friendship might easily perish once it's time to say goodbye. I used to struggle with this when I was younger, and I am thankful for slowly learning how it takes two to dance tango and to build strong friendships.

Being scared is not good. It's great!

Unless you're walking home alone at night, which typically is never good. I was scared when I was 16 years old and leaving mom and dad to move to Argentina. I used to be scared holding presentations in class, jumping into new work experiences that I didn't believe I was classified for, and talking to strangers, but it worked and I grew immensely from all of those experiences. Being scared is good, because that's what triggers growth, and growth is vital in life.

Dry shampoo.

Because life is sometimes really hectic.

If people don't make you happy, leave.

Life is too short for bad friendships and relationships. You should bring out the best in everyone around you, and they should do the same (through encouragement for your successes or brutally honestly pointing out what you did wrong over laughter and coffee). I spent a lot of time with friends that made me unhappy when I was younger, often without realising it, and therefore I strive to only spend time with people who encourage my goals instead of discourages me.

Do it with passion or not at all.

It is ok to spend all your time with friends or to attend once-in-a-lifetime events, even if that means you have to stay up until 3am finishing up work that is due the next day. You only live once, you're only young briefly. Make sure you make the most of it.

Coffee.

No comment.

Do something to empty your mind.

Running and editing photos with a merciless carless state regarding late hours is how I empty my brain of thoughts, and I cannot imagine having remained sane until now without doing so.

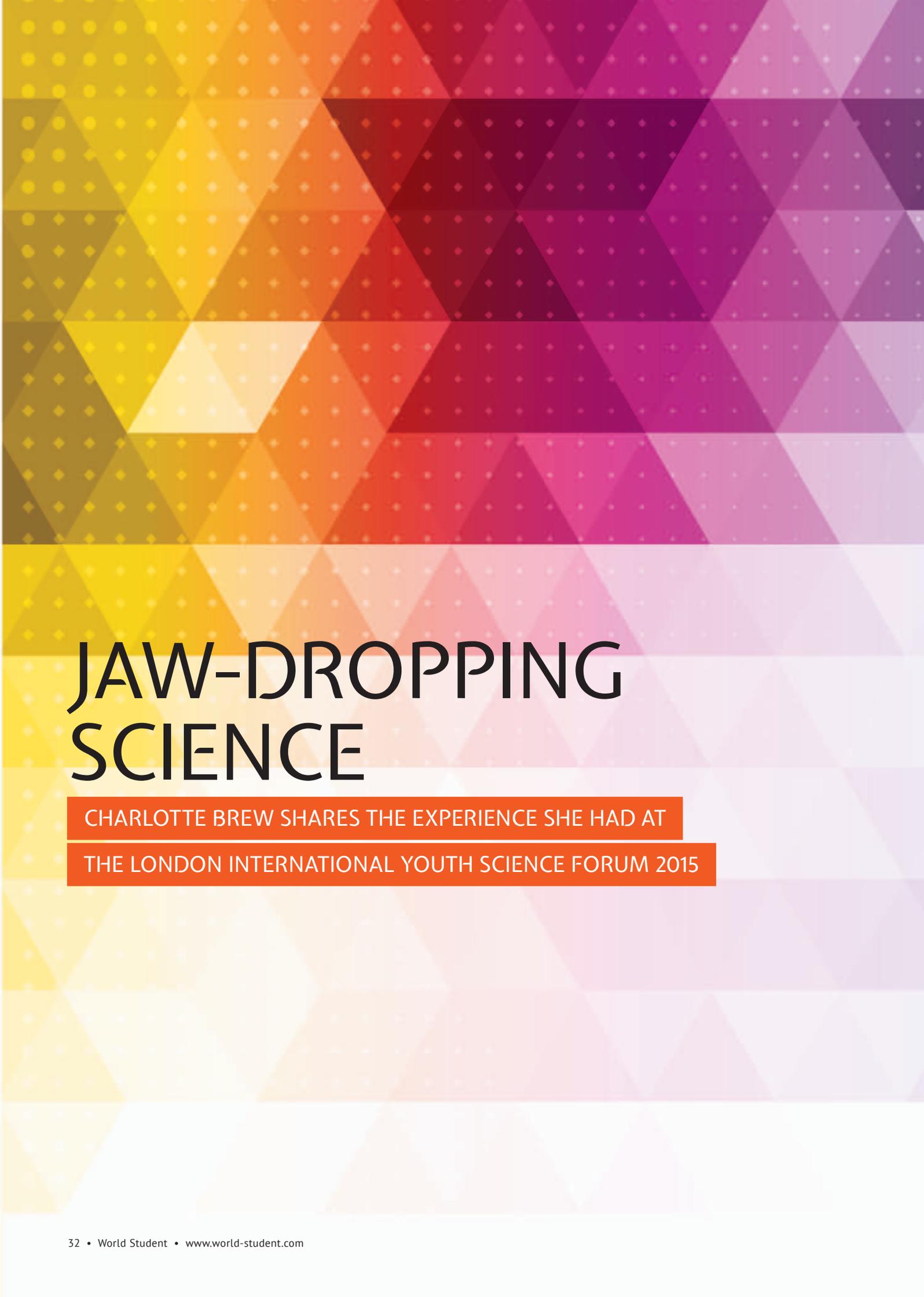
Smile.

A smile opens up the entire world in just a few seconds, or at least the initiation to either a good conversation or a minor rejection. Smile.

Be stupid; make mistakes!

Stupidity, too, enables growth. So I tell myself it's okay to wear shoes that hurt "because they are so pretty", try a new clothing style that doesn't work, get brutally rejected by strangers, take the train in the opposite direction or to simply have a care-free day or two. ●





JAW-DROPPING SCIENCE

CHARLOTTE BREW SHARES THE EXPERIENCE SHE HAD AT

THE LONDON INTERNATIONAL YOUTH SCIENCE FORUM 2015

The London International Youth Science Forum (LIYSF) had their largest ever forum this year with 470 participants from 65 countries. These past 14 days have been filled with jaw-dropping science, curious minds and incredible participant stories.

The LIYSF officially began with the opening ceremony on Thursday 23rd July 2015. Our first speaker, LIYSF President, Richard O’Kennedy, discussed the theme of this year’s forum, ‘Science - The Universal Endeavour’ and how international collaboration is essential for science to discover solutions to the problems our society currently encounters. “There are still huge issues with science that have to be addressed by everybody working together. That’s why the theme of LIYSF this year is ‘The Universal Endeavour’, as it is very important we work together.”

Professor Fiona Watt, a cellular biologist at Kings College London, provided the inspirational keynote speech on embryonic stem cells and their potential uses in regenerative medicine. “The advice I give to anyone who is keen on science is to pursue your dream, not be put off by failure, because it’s a fantastic career.”



Over 120 students presented a research project at the LIYSF Bazaar, which earned them their position at LIYSF. Research topics included using enzyme inhibitors to treat asthma, potential uses of induced pluripotent stem cells, water toxicity tests, humanoid assistants controlled by brain waves and many more!

Ten students from the LIYSF Bazaar were also selected to present their projects at the Famelab: Student Topics evening. Amine Bouchari and Davide Rovelli, Italy, presented their prototypes for an environmentally friendly bleach battery. Chelsea Herbert, UK, currently researches the VE/Cre mutation and it’s affect in colorectal cancer and Greetel Joanna Võrk, Estonia, studies the occurrence of hypermobility in ballet dancers.

LIYSF students have the unique opportunity to tailor their programme by selecting lectures and optional visits that align with their interests. On Monday 27th July, students participated in the Specialist Study Day, which allowed participants the opportunity to spend an entire day interacting with specialists from various scientific fields. Speakers included Sir Colin Terry, who discussed his career in engineering, Professor Alexandra Blakemore, who spoke about the links between genetics and obesity and Dr Seth Zenz who enthusiastically explained how the Higgs Boson Particle was discovered at CERN. Respected professors and doctorates travelled from around the world to speak at LIYSF. Our principal lecturers included Dr Michael Londesborough, Professor Lord Robert Winston, Huw James and even Professor Mark McCaughrean from the Rosetta mission!

The optional visits offered included excursions to the Anaesthesia Heritage Centre, the Royal Botanic Gardens and various scientific departments in Imperial College and University College London. Another set of scientific visits included in the LIYSF programme is the Cambridge/Oxford Day. Ah Cambridge and Oxford. Who hasn’t heard of them? The only



SUMMER SCHOOL

June - August 2016



Available as modules or the full course.

Modules include:

- International Rights & Responsibilities
- Peace, Violence & Conflict
- Political Systems

To apply: WWW.CFIC.ORG.UK



HOUR-LONG SHAKESPEARE

EXPERTLY ABRIDGED FOR PERFORMANCE AND AS AN INTRODUCTION TO SHAKESPEARE'S GREATEST PLAYS

VOL ONE HENRY IV, PART I, HENRY V AND RICHARD III

VOL TWO ROMEO AND JULIET, MACBETH AND JULIUS CAESAR

'Matthew Jenkinson's careful alterations of some of Shakespeare's most important plays may give us less than 50% of each play's lines, but they convey far more than that percentage of each play's theatrical power. Moreover, they belong 100% to the highest traditions of both teaching and performing Shakespeare's plays.'

Professor Michael Dobson, Director of the Shakespeare Institute, Stratford-upon-Avon, and Professor of Shakespeare Studies, University of Birmingham

Order now from johncattbookshop.com

Coming soon:

Vol 3: A Midsummer Night's Dream, Twelfth Night and The Tempest



58th LIYSF

27th July - 10th August 2016

- 450 of the world's leading science students aged 17-21yrs old
- Over 65 countries represented
- Two week residential event at Imperial College London
- Lectures and demonstrations from leading scientists
- Site visits to world class research institutions, organisations and universities
- Active social and cultural programme



Apply Now
www.liysf.org.uk



problem with the Cambridge and Oxford day is deciding which university to go to!

The 2015 London International Youth Science Forum concluded on the 4th of August, after an intensive student debate, an engaging lecture from Professor Lord Robert Winston and an emotional closing ceremony. The student debate covered three ethically-based topics: Should we use nuclear power, should embryonic stem cells be used in research, and science opens more and more doors, but have our ethics been compromised?

Professor Lord Robert Winston, a professor, medical doctor and scientific researcher, discussed the eugenics movement during the early 20th century, the illegal sterilisation of teenage girls and his work in microsurgical procedures that can reverse female sterilisation. He also spoke about how ethics in science and medicine has evolved over the past decade, and how important it is that we provide the utmost respect and care to those in need.

During the closing ceremony, the director of LIYSF, Richard Myhill, gave thanks to the many people who make LIYSF truly spectacular: the speakers, the staff, and above all, the inspiring participants.

There's one aspect of LIYSF that I find particularly poignant: the stories. Every student comes to the forum with a unique story,

some exceptionally moving. During the first student interviews, I discovered one story that truly stunned me. Vidhart Bhalia, a participant from India, mentioned during his interview "I've actually never been in a proper laboratory before. The laboratories in India are simply not of the same scale as UK's ones."

Another beautiful moment occurred at the very end of LIYSF during the final lecture, which was presented by Professor Lord Robert Winston. When the last student was selected to ask a question, a young man stood up and said, "This isn't actually a question, but I just wanted to thank you. You operated on my mother to reverse sterilisation, and if it weren't for you, I would never have existed. So thank you for my existence."

Students would agree that it is truly an honour to attend the London International Youth Science Forum. Being surrounded by such enthusiasm, creativity and innovation reminds you that bright, curious minds have the ability to change the world we live in, and I cannot wait to watch them succeed. ●

Charlotte Brew is a student at The University of Newcastle in Australia

 **Liysf**
 **@LIYSF**

COBIS ON CAMERA

ALEXANDRU HUTU, A STUDENT AT TRANSYLVANIA COLLEGE,
SPENT THE WEEKEND FILMING AND INTERVIEWING WITH
EYE FOR BUSINESS AT THE COBIS ANNUAL CONFERENCE



Coming from Romania, I was the only student on the video team from outside of London, but that didn't stop me from getting along with everyone and working alongside them for the three days of the conference. Charlie and Barrie from Eye For Business greeted me as soon as I arrived and it wasn't long until I met their colleagues Hayley and Janine. The video team was made up of me, Charlie, Gwen, Rachel and Isla – all four of them students at Halcyon International School London.

After introducing ourselves and getting to know each other, we went straight into the editing room to get accustomed to the gear we were going to use all weekend. This was the first time I had used professional cameras and our mentors were very helpful in explaining every button, every knob and every feature. In a matter of minutes, all five of us were able to handle the cameras appropriately, so we grabbed a couple of tripods and some microphones and we went shooting. I worked with Gwen and Barrie to get some visual shots, while the

others were setting up for the opening scene of what would become the official conference film. The first day ended with a formal dinner at the ZSL London Zoo, where I was introduced to teachers and school headmasters from all around the world.

On the second and third days – Sunday and Monday, that is – we ran around the conference floors, getting shots of all the sessions and talks that took place, while also capturing the general mood in the reception hall or along the corridors.



Alexandru and the team



At first, Barrie still followed me around, recommending different framing and filming techniques, but after a while I was on my own and I easily got the shots I was supposed to get. His guidance was extremely helpful and he taught me a lot about the aesthetics of shots that will surely come in handy in my future projects as a filmmaker.

We had been given a list of important figures from COBIS who we needed to interview, so we set up a makeshift studio in an empty conference room. The girls and I all worked as the interviewer, cameraperson and sound person in turns, so we all got a taste of every task involved in filming an interview professionally.

From time to time during the day, we would go into the editing room to see the progress Hayley was making with the footage she had received from us and to pitch in various ideas regarding the film. Since it was going to be screened on Monday night, we didn't have the time

to do the editing ourselves, but we were quite involved just by constantly giving Hayley feedback.

By Monday morning, I already knew the ins-and-outs of the gear I was using and we all pretty much knew exactly what we had to do, where we had to be and what there was to film. It is hard to believe that a mere couple of days of hands-on experience brought us that far, but it is safe to say that those were some of the most productive days of my year.

Conference attendees were at first puzzled by our presence, but everyone was surprised to hear that COBIS had brought a bunch of high school students to shoot a supposedly professional film for such an important event. Nevertheless, they were certainly taken aback when the finished product was screened during the Annual Dinner – and rightly so. I definitely did not expect us to be able to produce such a quality movie over a weekend, but the Eye for



WATCH VIDEO

<https://goo.gl/5yU7vQ>

Business team made that happen with their invaluable advice and training.

All in all, the COBIS Conference enabled me to meet new, interesting people and apart from leaving with a lot more experience in the field of filmmaking than I had when I arrived, it was also a tremendous opportunity to have insightful conversations with people involved in both filmmaking and education. I am very grateful to have been offered a place on the video team and I am convinced that what I've learned there will be useful for years to come. ●

Alexandru is currently studying A-levels at Transylvania College

 [@TransylvaniaCol](#)
 [@eye_4_business](#)

PEACEJAM MONACO

REGULAR CONTRIBUTOR, LUKE ADDISON,

REPORTS ON THE PROGRESSION

OF PEACEJAM WINCHESTER AND

THEIR CONFERENCE IN MONACO



PeaseJam Winchester is growing rapidly, for those who do not yet know what PeaceJam is; it is an educational movement, working alongside schools to educate, inspire and engage young people in conflict resolution, cultural understanding and overall, peace. The organisation PeaceJam has been working for many years but what makes it special is that it works with Nobel Peace Prize winners; The Dalai Lama, Archbishop Desmond Tutu, Jody Williams and Betty Williams.

Many more are part of the movement and each go into schools and engage with young people to promote peace and truly inspire the leaders of tomorrow.

I personally became involved in PeaceJam last year when I was invited to a conference in Monaco, where Desmond Tutu would be the Laureate and I was asked to act as a mentor to the 100 young people who were attending from local and international schools.



Luke with the Monaco team

The concept was incredible, get a Nobel Peace Laureate, get a bunch of kids who want to do something more with their lives and sit them in a room together with fun games, educated discussion and an atmosphere of fun, family and friendship. The conference brought young people from diverse backgrounds together and also opened the eyes of many who did not know they had the power to stand up on stage and talk about their lives or volunteer themselves to be the first up for an exercise game or even to ask Desmond Tutu a question.

After returning back to Winchester from the conference I thought to myself 'How can I get this going here?' And before long, alongside a fantastic team of university lecturers, PeaceJam staff and Rotary Club members, we had all the resources we needed to set up a PeaceJam hub here in Winchester.

We were so fortunate to have our first conference this March, and had the Laureate Jody Williams attend, who is known for her incredible work towards banning Anti-Personnel land mines. Jody was incredible and engaged the kids and our mentors throughout the whole weekend. The University has confirmed it will help us run two more events, so we are in the process of organising PeaceJam Winchester 2016 for March! Anyone interested please do get in touch!

One of the best parts of a conference is that not only do the kids attending get so much out of it, young people also act as mentors over the weekend. In our case, these are people from the university. When a group of 100 is split up, the mentors, usually in pairs, take on about 10-15 kids into what is called

a 'family group'. The family groups are for break-out sessions, discussions, games and help the kids ease into the weekend.

We were lucky enough to have around 30 mentors at the PeaceJam conference here in Winchester and we have all stuck together and formed a community action group. We have been getting involved with Amnesty International, local faith groups, local schools and university projects. The amount we can do as open-minded, pro-active and positive young people is endless, and we are having the best time doing it.

We were actually invited back to the Monaco PeaceJam conference, it's been a whole year since the conference with Tutu! [Luke previously reported on the PeaceJam 2015 conference in issue 2] This time I was able to bring a few mentors with me, and the Laureate was Aldolfo Pérez Esquivel, who is famous for his human rights work in Argentina and his imprisonment in Ecuador. He was one of the most influential speakers and everyone responded so warmly to him. The conference was, again, without a question, one of the most incredible experiences. ●

To learn more about PeaceJam, or if you would like to be involved in the next PeaceJam Winchester conference in March 2016 visit www.peacejam.org or contact Luke Addison on luke.peacejamuk@gmail.com

 **PeaceJamFoundation**

 **@PeaceJam**

**ESTABLISH YOUR SCHOOL
ON THE WORLD MAP**



**Register your scholars for BUSSATs
aged 10-18 and allow them an
opportunity to WIN a FREE
STUDYTRIP TO THE UK**

Discover the talent in your high performing School and let your star pupils show their future employers and university admissions tutors that they will climb to the top.

- National, regional and local cash prizes for schools and scholars
- International Certificates presented to each scholar along with celebration plaques for participating schools.
- PR and marketing support available.

**Two-hour
on-line exams taken at
Pearson VUE test centres
By appointment
(October to May)**

Available immediately throughout India, Hong Kong and selected Chinese Centres.

Other countries by request of Schools direct to BUSSATs

For Details
www.bussats.com



EXCHANGE

PATRICK SMITH WRITES ABOUT THE JOYS OF BEING
AN INTERNATIONAL EXCHANGE STUDENT IN IRELAND

My year as an exchange student at Mary Immaculate College can be described in one word: WOW! My fondest memory of Mary Immaculate is joining the International Society and taking part in day-trips and weekend excursions all over the country. Located in the Western portion of Ireland, Limerick provides great resources for hopping on buses and trains to get to Dublin, Cork, Galway, and even cities in Northern Ireland. The most memorable trip we took as an International Society featured stops along the Burren, little villages in County Clare, and the iconic Cliffs of Moher.

Experiencing the lush landscape and the breath-taking view of the Atlantic Ocean crashing into the Cliffs was made even more special because of the people I was surrounded by. We were all visitors in this country, trying to catch a glimpse of what 'typical Ireland' was all about. We came from the US, France, Germany,

and Austria, but on that day, we were all Irish, all a part of this beautiful country and its culture, and witnessing it first-hand.

Mary Immaculate College provides world-class education coupled with a beautiful, serene landscape in the west of Ireland. Not too far from the iconic Cliffs of Moher and Ring of Kerry, Mary Immaculate is perfect for a young student hoping to see genuine Irish beauty and excitement. As someone who spent an entire academic year at Mary Immaculate, I will be forever grateful for the genuine and inspiring encounters I had with every staff member, lecturer, and student at the college. They all instilled a love of Ireland that will remain in me forever. An international exchange is not just an academic endeavour; it is a truly transformative experience that will show you the joys of being a citizen of the world. ●

COBIS Student Competitions and Events

2015/2016



cobis.org.uk

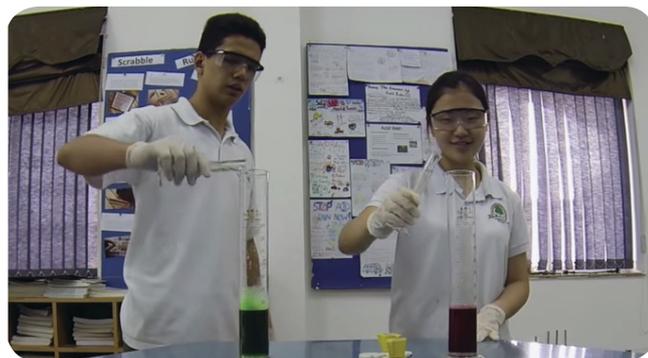
Be Inspired and Get Involved!

- **COBIS/King's Group Student Leadership Weekend**
9-11 October 2015, King's College Madrid, Spain
- **COBIS Primary Creative Challenge**
Closing date: 15 January 2016 (launching October 2015)
- **COBIS Student World Debate Competition**
6-7 February 2016, The Edron Academy, Mexico
- **NEW - COBIS Model UN Conference**
3-6 March 2016, International British School of Bucharest, Romania
- **COBIS Secondary Games**
10-12 March 2016, Dubai College, UAE
- **COBIS Poetry Competition**
Closing date: 11 March 2016 (launching October 2015)
- **COBIS Young Scientist Film Awards**
Closing date: 15 April 2016 (launching October 2015)
- **COBIS Art Competition**
Closing date: 20 April 2016 (launching October 2015)
- **COBIS Student Achievement Awards**
Closing date: 22 April 2016 (launching October 2015)
- **COBIS Primary Games**
12-15 May 2016, Location: TBC
- **COBIS Music Festival**
4-6 June 2016, Location: TBC

Please check the COBIS website for regular competition updates

Students from all COBIS
member schools are welcome to
engage and participate

cobis.org.uk



Join Us

Join our High Quality Family of
British International Schools
Worldwide

Apply Online

cobis.org.uk

T: +44 (0)20 3826 7190 E: pa@cobis.org.uk W: cobis.org.uk

Stay Connected: [@CobisDirector](https://twitter.com/CobisDirector)





Gruia talking to younger students

CLASS OF 2015

GRUIA DIMCEA, A RECENT GRADUATE FROM THE BRITISH SCHOOL OF BUCHAREST IN ROMANIA REFLECTS ON HIS SCHOOL YEARS

A time comes when one needs to take inventory on everything that has happened throughout his life and then be prepared to take the next step, fresh into a new adventure. I believe that now that I have just finished sixth form at the British School of Bucharest – BSB - and await A-level results almost as anxiously as my start in Medicine, it is a perfect opportunity for such an inventory. The many roads that I followed during

the years I spent at BSB all led to success, personal development, the extension of my knowledge and joy. For that is my joy, if I were to be sincere, to learn new things every time I start a challenge and to pursue knowledge every single day. I had the amazing chance to learn amongst so many professionals inside and outside the school; during volunteering work with children at charities, tackling experimental

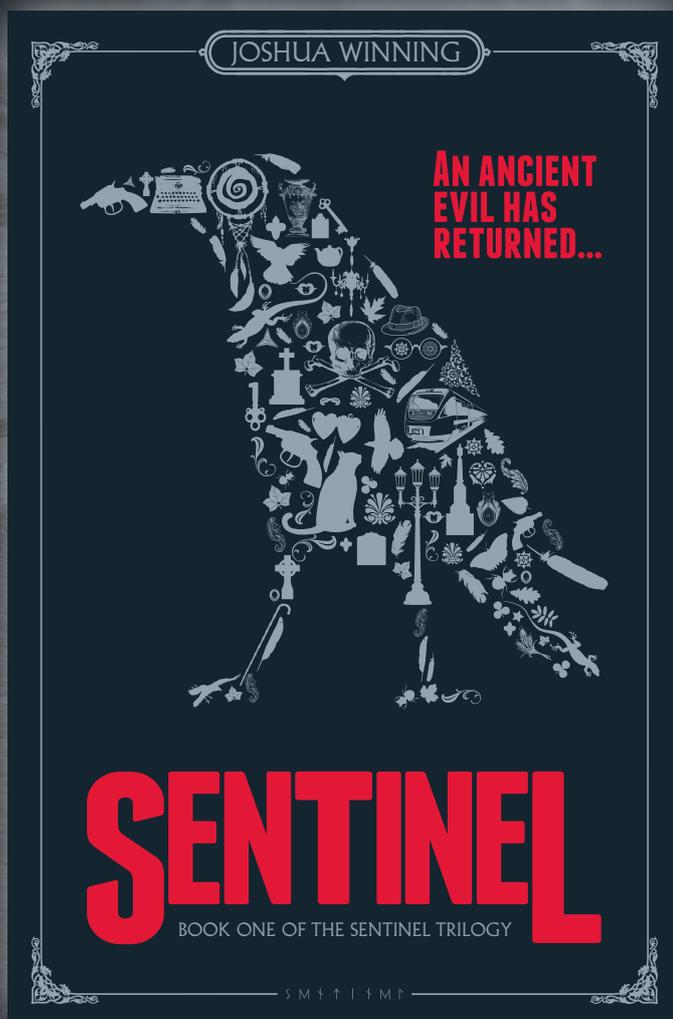
techniques for my exams, shadowing doctors during work experience or having a friendly chat about my writing with published author William Hussey during his visit. All of these are amazing experiences which I feel I could not have benefited from, without being a member of the British School of Bucharest family.

In both years of sixth form I took upon

“HERE’S ONE FOR FANS OF TERRY PRATCHETT,
EDGAR ALLAN POE AND TOLKIEN ...
IT HAS EVERYTHING FANTASY READERS COULD WANT.”

CULTURE FLY

‘WHAT IS A SENTINEL?
A GUARD. A DETECTIVE. A KILLER...’



THESENTINELTRILOGY.COM  SENTINELTRILOGY  SENTINELTRILOGY
ORDER NOW FROM PERIDOT.CO.UK/BOOKSHOP



IT IS IN THE COMPELLING ZEST OF HIGH ADVENTURE AND
OF VICTORY, AND IN CREATIVE ACTION THAT MAN FINDS
HIS SUPREME JOYS. - ANTOINE DE SAINT-EXUPERY

myself a great deal of responsibility, as a prefect and member of the student council, but in Year 13 I was made Head Boy. And exactly during a period of time when I thought nothing could be better for me, this role gave me even more motivation to succeed, even more determination to challenge myself every day and the courage to do even more for the community. And I was greatly rewarded by everybody around me; teachers, members of staff and mentors. But I still have not recovered from the greatest experience of them all: The COBIS Student Leadership Conference in Madrid [Held October 2014]. It has left memories that I will never forget, it taught me valuable skills that I have used as Head Boy and numerous ones which will continue to prove useful in my student life as a leader. It is without the shadow of a doubt an inspiration for me to continue my road into medicine with great hopes. Despite the strenuous A-level studies in science and maths, writing remained one of my favourite hobbies. The Imaginink writing club of

BSB remained exactly as I envisioned it at inception: a place where young minds can create beautiful pieces of writing free from any shackle of word limit, set themes and boring ideas. Because of it, I am still writing to this day and will most likely do so in the years to follow.

Yet, even though I am the one who gained so much and values this experiences greatly, I could not have managed without help. There are few things I could have started and ended on my own, without the help of mentors and teachers from my family, from BSB, from Madrid. I firmly believe that us, the students, without our teachers and examples to follow along our way, we would have struggled and progressed much less. We wouldn't have had chances such as the leadership conference, to meet and share our knowledge. Finding our own way is something we naturally accomplish as student leaders, yet to find ourselves in an environment pre-made and ripe for expanding our understanding and seeing our way is

not something we should take lightly. And for this home of knowledge and progress that I was welcomed in, I thank the British School of Bucharest and the family within its walls. And for the gorgeous memories and mastery gained in last October's Madrid I thank COBIS and all of the participants alike.

Without this experience, without my chances of improving my own dexterity, without the opportunity to hone my skills into what they are today, I would not have been able to take up the challenges ahead of me. But with them, they are all but an adventure that welcomes me with open arms. ●

Gruia graduated from The British School of Bucharest, Romania in 2015, and will begin studying medicine at The University of Hull this September.

 **BritishSchoolBucharest**
 **@britishschoolro**

VOICES AROUND THE WORLD

ANNE KEELING REPORTS ON THE CHARITY PROJECT THAT BROUGHT TOGETHER 5,000 STUDENT VOICES



"We are involved with the local orphanage through the project. It's had a great effect on them – it's made them feel connected to the world, like they are not alone." - Student, The International School of Riga, Latvia.

"I've enjoyed the singing so much and it makes me happy that we're raising money for other schools." - Student, Mutiara Nusantara International School, Bandung, Indonesia.

"The one thing everyone has in common is music, everyone listens to it and everyone is touched by it, so being able to put your point across in music is the best thing ever." – Student, Meopham School, Kent, UK.

"The project is good because it involves young people from all kinds of backgrounds. We are all singing the same song and we are all linked by the music." - Student, St. Francis College, San Paulo, Brazil.

"I think it's good how the project has brought together all the children in the schools. It's told them that their voices do matter." - Student, Otjikondo School, Outjo, Namibia.

Have you been involved in the *Voices Around The World* singing project this year? You might be one of the 33,000 students from around the globe who has learnt and performed one of the choir parts for the 2015 song *Listen To Us*. Or you might be one of the 5,000 young people whose voices are being featured on the new *Listen To Us* charity song recording to raise money for schools in Tanzania. If you're not one of these, then you can still join in the project by downloading the song, connecting on social media, or getting your school to sign up to sing next year!

The *Voices Around The World* project gives students the chance to Sing Out! Speak Out! And Change The World! This year students aged between 5-19 from 96 different countries did just that, including a school in Syria.

"During last year's project, I visited a school in Dubai to help the students with their recording," says *Voices Around The World* organiser Laurie Lewin. "I spoke to a young girl there who'd been practising the song with me. I asked her which

country she would most like to sing with and she said: 'I'd like to be singing this with my friends back in Syria.' She was a Syrian refugee. Thanks to her wish, this year we are thrilled to have children from Al-Shams (The Sun) School, Sweida city, Syria joining us on the recording!" Many students have shared their voice by singing this year's song and by sharing their thoughts. ●

Listen to Us is available to download from *iTunes* and the *Voices Around The World* website www.voicesaround.com where you can also find out how to join in the 2016 project.

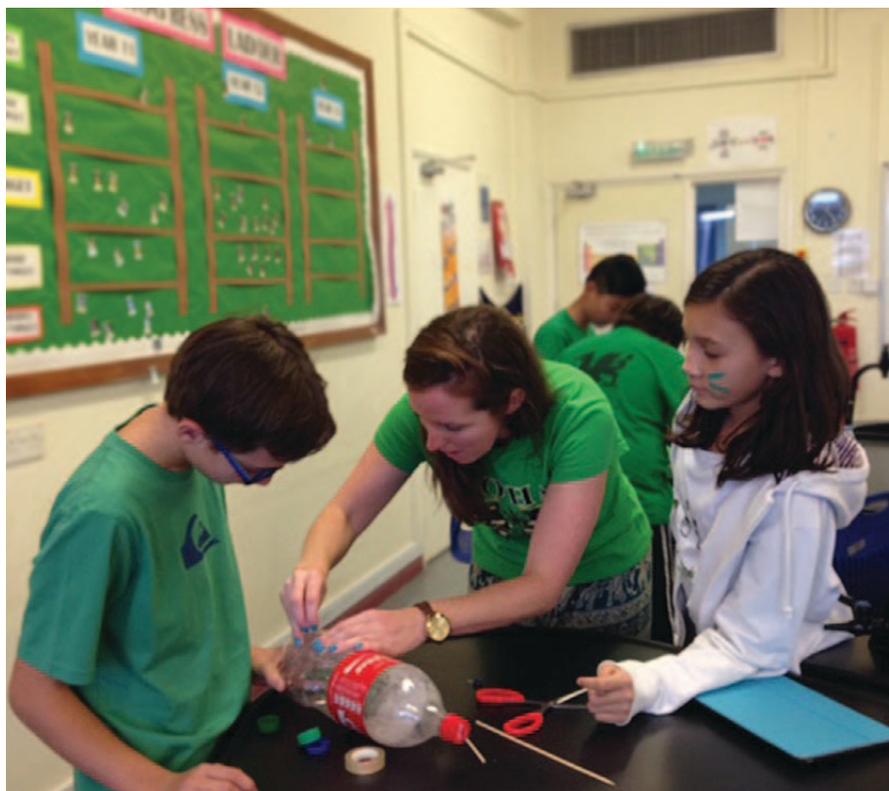
 [VoicesAroundTheWorld](#)
 [@VoicesAround](#)



Recently, Doha College decided to take a step forward on the path to becoming a more environmentally friendly school. Instead of teaching students directly of the dangers of harming the environment, Doha College chose an individual from each form group, from Year 7 to Year 10, who was committed to encouraging other pupils to be more aware of environmental issues, this established the first Eco School Committee. The committee held monthly meetings during which they devised an environmental plan for the year (November 2014 - June 2015), which included activities suggested by either environmental captains or a whole school survey.

There have been a number of planned events so far ranging from Earth hour, where lights were turned off in form time to conserve energy, raising awareness about the impact on the planet and climate change, to a World Environmental Day, where the timetable was collapsed and all year groups across the school experienced lessons with an environmental theme. The Environmental captains from each year group have also completed an anonymous survey created by a pupil from Qatar University, making them more aware of the amount of water and electricity they use in their daily life.

Doha College also entered the Earth Cup Challenge, and competed with other schools around the country to collect as many plastic bottles as possible in a week, leaving multiple designated bins around the school for the purpose. Once collected, counted, and recorded, the school had been found to have collected a total of 11,635 bottles to be recycled. However, even after the competition, Doha College now carries on collecting plastic bottles to recycle. This idea has also spawned another competition; a contest between the six house groups to collect as many plastic bottle tops within a certain time frame. Surprisingly,



each of the houses overfilled their five gallon water bottles in a matter of days!

The largest and most successful event the committee has worked on was, undoubtedly, the activities organized for World Environment Day which was held on the 8th June; a day that is recognised by the United Nations with an aim of promoting global environmental awareness. The school supported this by collapsing the timetable, and, instead, asking departments within the school to create special environmentally themed lessons. In mathematics for example, students were able to work out their own carbon footprints and ways of reducing it, whilst in English students took part in a newsroom simulation to produce a newspaper report on a hypothetical oil spill in The Arabian Gulf. All students across both the primary and secondary school also wore green clothing and handed in a small charitable donation which was used to promote further environmental projects within the school and wider community. Students and staff were also encouraged to take an eco-friendly method of transport to school that day, by either walking, cycling

or car-sharing. The Environmental Day helped us to learn more about how to protect and conserve the environment, whilst at the same time taking in a range of fun and varied activities. When asked about the day, Year 7 students said they particularly enjoyed creating a world map out of recycled material in geography and making bird feeders and bubble makers in science; Year 8 had the most fun completing an environmental quiz as a house competition; Year 9 also took part in a house competition, learning more about environmental geography; and Year 10 enjoyed building a sustainable city.

Overall, this has been a successful first year for the Eco School Committee, who will continue to make Doha College a cleaner and greener environment. School events and initiatives will not only impact the school, but the wider community for generations to come, with the final aim to become the first accredited Eco School in Qatar. ●

 [DohaCollegeOfficialPage](#)
 [@DohaCollege](#)

world student



FROM ATHENS TO AUSTRALIA ... NEWS FROM

STUDENTS LIKE YOU AROUND THE WORLD



THE PACIFIC PROJECT

Over the June-July school break, I was privileged enough to spend two weeks travelling with the UN Youth in Timor-Leste for their 'Pacific Project,' a volunteer experience for young Australians. Having been selected with 11 other young Australians from across the nation, I was humbled to be given the opportunity to volunteer with various local communities.

Over the course of those two weeks abroad, I learnt a lot about myself, the other delegates and became fully invested in the plight of the Timorese people. Whilst in Timor, I had the pleasure to meet some of the kindest, most hard-working, persevering and generous people I've met in my entire life; their attitude, one of self-improvement, made all the more impressive by the struggles that the individuals and nation had been through.

Aside from the multiple opportunities we were given to both advance our

own aid and volunteering skills, learn what it is like to be in an NGO and learn about the Timorese culture, Pacific Project was, and is, ultimately about helping the people living in Timor-Leste.

We worked hands on in schools, orphanages and local community groups, where we taught English, other skills and interacted positively with the communities. The most important part of the trip was, however, the work that comes after. After being exposed to these communities over the course of two weeks, being exposed to the conditions that some Timorese people have to live in, we have now been tasked with, over the course of the coming months,

to raise money for the communities we visited, some of which are without other foreign donors. Although we taught them, as they taught us, this part of the Project is the most essential to us making a profound impact on the people of Timor-Leste, and after experiencing what it is like living there, I think I can say confidently that I and the other delegates, will be taking up the fund-raising with vigour and pride. ●

James Cafferky is a student at Brisbane Grammar School in Australia.

 [BrisbaneGrammarSchool](#)
 [@BrisbaneGrammar](#)



DO YOU HAVE NEWS TO SHARE?

We're looking for students to write short news stories for the next issue.
 Email us at editor@word-student.com to find out more.



COBIS GAMES 2015

In May 2015, our school St. Catherine's British School in Athens, hosted the COBIS Junior and Senior Games. COBIS (The Council of British International Schools) hosts an annual sporting competition for 16 primary schools (participants: 9-11 years old) and 16 secondary schools (participants: 11-13 years old).

The facilities for this year's event were excellent as the athletics were held in the Athens 2004 Olympic stadium and the swimming was held in the 2004 Olympic 50m swimming pool. Likewise, the football was held at one of the training grounds of one of the biggest football teams in Greece, Panathinaikos. It was amazing to compete at such venues with so much sporting history

as well as to run or swim in the same place as an Olympic medallist – this was especially true as the tradition of the Olympic Games started here in Greece.

However, the tournament was not all about sport. It was also about making new friends and mixing with people from around the world. Participants spent a lot of time off the pitch with students from different schools. Other than competing, it was a great chance to socialise and have fun with new friends.

The events themselves force you to be the best you can be and smash individual records by pushing yourselves to the limit and setting higher targets. In fact, a lot of athletes performed much better in the games than in training, and even

surprised themselves by how much better they did.

In the end, what mattered most was that we competed and pulled through together as a team and did our best, earning our position in the table and proudly representing our school and country. Also, a bonus was that we missed school for the party to celebrate our hard work and the fact that we had challenged ourselves in this great sporting tournament. ●

Henry Sutton and Yiannis Paterakis are both 12 years old and are students at St. Catherine's British School, Athens.

 **@CobisDirector**



FORMULA STUDENT

THOMAS PEIRSON-SMITH, A MECHANICAL ENGINEERING

GRADUATE FROM THE UNIVERSITY OF BATH WRITES

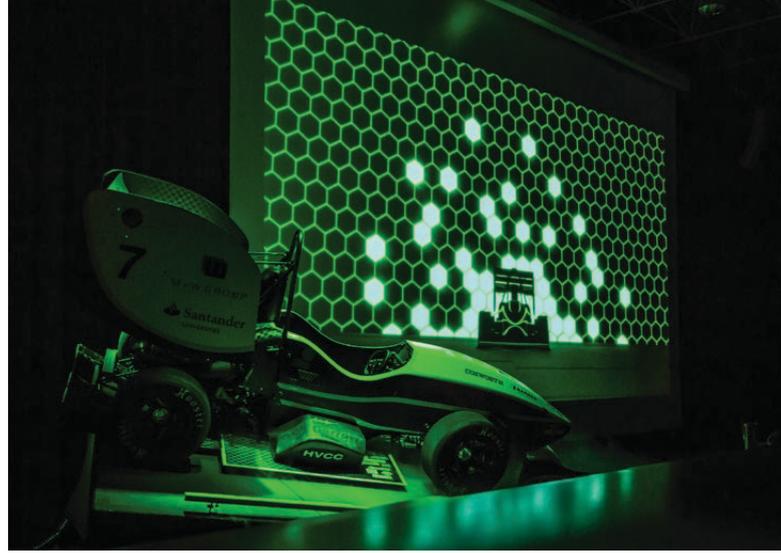
ABOUT HIS EXPERIENCE AS PROJECT MANAGER FOR

THE 2015 BATH STUDENT RACING TEAM





YOUR INSPIRATION





I started at The University of Bath in 2010 for a number of reasons; beautiful city, high in the league tables, and first and foremost for its Formula Student teams performance. Formula Student is an international engineering competition which challenges students to design, build, test, and race a single seater racing car. A dream for any aspiring motorsport or automotive engineer, and the breeding ground for future motorsport engineers. The university has been competing in Formula Student since 2000 and has consistently been one of the top UK teams. In my first and second year I got the chance to help out with the odd manufacturing job, however third year was when I first got fully involved.

The project at The University of Bath is run as part of the degree course, and final year (4th) students run the project whilst younger years help out. Meanwhile, penultimate (3rd) year students design and plan their car which they then go on to make and compete with in their final year. This means that each car made is from a completely different group of students. The final year team members do their masters dissertation on

an area of the cars development and the third year design and business work is also integrated into the degree accreditation. However, the manufacture and sourcing of budget to run the project is entirely extra-curricular. Anyone can get involved, and although the accredited work is an option to any engineering student, the door is never closed to any university student.

My involvement started with assisting in the business events and with social media in my third year before I opted to include Formula Student as part of my degree. Along with 25 self-minded 3rd year engineer students, we formed TBR15 - 2015 Team Bath Racing. We elected leaders in each area – Business, Chassis, Powertrain, Testing, Build as well as a project manager to oversee all areas and their integration. After standing for the role of project manager I was successfully elected, and have been in this role now for 18 months.

Our primary aim is to be the first UK team to win a Formula Student event outright, with Bath's previous best result being a 4th place at Silverstone back in 2010. This is no mean feat



The team celebrating at Silverstone

bearing in mind each event has roughly 80 teams, with the top German and American outfits leading the way, with budgets far outweighing any UK team.

The team went through the design and business planning process, culminating in a successful finish in 2nd place for the competition for teams without cars at Silverstone in 2014. We then embarked upon the task of putting our plans into place, and commencing the manufacture of our car. We took on the ambitious task of implementing a brand new powertrain- a turbocharged single cylinder engine with biofuel (E85). We also revamped the suspension in order to make the car aggressively lightweight and aerodynamic design, helping to produce as much downforce as possible. These upgrades resulted in us creating the first underfloor aerodynamics in the team's history and utilising cutting edge - metallic 3D printing technologies.

Taking a project from the ideas stage all the way to competing with the final car has been a fantastic learning experience for everyone involved. As should be expected, we have experienced our fair share of successes and failures, and we have learnt an

incredible amount, from each and every one. For example, one of our greatest setbacks occurred when we pushed our engine beyond its limits whilst testing new parts to the limit on the dynamometer. This set our engine testing back by a month, we however recovered by re-planning our testing schedule and who would be doing what tasks.

The successes have been phenomenal! The car we made was only the second Team Bath car ever to be running before its launch event, and it has the highest power to weight ratio of any Team Bath car with 20 more horsepower (70hp) than last year at the same car weight! With Silverstone and Austria Formula Student events done, we now only have the Spain event left. Finishing 4th and 5th respectively and completing all the dynamic events at each event is something that no Bath Team has yet achieved in succession. I may be slightly biased in my opinion of the team's achievements this year, however, I am extremely proud to be a part of such a dedicated and intelligent team. I am excited to see whether we will be able to fulfil our maximum potential at the final event of the season in Barcelona and come home with a podium.



BEING A PART OF THIS TEAM HAS
BEEN IMMENSELY REWARDING
BOTH ON A PERSONAL AND
PROFESSIONAL LEVEL

My personal highlight has been winning the endurance event at the UK event in Silverstone. This is the biggest event of any Formula Student competition, taking place on the last day, with the majority of points attributed to this 22km of circuit racing. The drop-out rate is usually high, with a lot of teams struggling to go the distance. The sheer elation of finishing and being quicker in time than anyone else by two minutes was incredible. Needless to say, a lot of hugging and champagne spraying followed.

Being a part of this team has been immensely rewarding both on a personal and professional level. Professionally, I have been able to develop a wide array of skills- from general engineering, to project management, team work, and business skills, all of which will certainly be applicable to my future work in the industry. I don't think it would be possible to develop any of these skills in quite the same way anywhere else.

After graduation I plan to join BP in fuel and lubricant development work. The work I have done in Formula Student has really motivated me to pursue my interest in engine

testing. However, the dream to work in Formula One to design the fastest racing cars in the world still goes on. Although my involvement in Formula Student has altered my perception of the world of Formula One, it has only served to make this dream more real.

For students thinking of studying engineering, my advice would be to find out what really interests you, to open your eyes to every sector of the industry as much as you can, as early as you can! There is so much exciting engineering going on in the world from planes and bikes to robots and bridges. However if you're in to cars, Formula Student is fantastic! My advice for future Formula Student competitors would be to make sure you're always putting your effort into things that will make the car faster or be more reliable, stay focused: hard work pays off. ●

If you'd like to follow the progress of Team Bath Racing visit www.teambathracing.com

 ***teambathr***
 ***@TeamBathRacing***

HOW I MADE POSITIVITY STICK



"FOUR DAYS, ONE NEWS STORY, AND FIVE MILLION VIEWS, THIS IS THE STORY OF HOW I MADE POSITIVITY STICK" - CAITLIN HAACKE

Imagine a world surrounded by antagonism and disapproval. A world in which bullying ravages us all and takes hold of society. A world surrounded by our own insecurities and doubts. Welcome to modern day society. October 2014, this is what the world feels like to me. My first run in with negativity began here. A student in my school made the decision to bully me and broke into my locker. On my social media, they posted a status for 400 people on my friends list to view, like, and share. This status, composed of rumours and lies told me to kill myself and became the climax of my story and what I thought would become my downfall. I was wrong. In fact, this story became step one to small town Caitlin changing the world.

Fast forward three days; I was on a social media site when I noticed a story labeled as Positive Messages. It was about two students in the United States, and how they responded to a student's death in

their school. This story became my light bulb moment. Step two to changing the world began with a trip to my local supermarket and a purchase of 800 Post-Its. I had decided to put up positive messages in my own school, using Post-Its as my medium. I wrote hundreds of phrases upon them, such as 'You are Beautiful' and 'Love Yourself' just to name a couple. And what was originally one girl, and her solution to bullying, spread. In four days, it became millions of people, and a way to fight negativity worldwide. My story had gone viral.

This event became the epitome of positivity in my life. Planned for four days later was the first annual Positive Post-It Day, a day to celebrate, thank, and lift up not only others but ourselves as well. Whether it be one Post-It or one million, it was a day to spread kindness. Within a few short weeks, I learned the true power of a positive phrase. My small town initiative led me to national

television, on The Meredith Vieira Show. Then, the TEDx Teen New York stage.

Spreading my message of positivity took flight in my career as an anti-bullying advocate. I began speaking in schools across Canada about my story and how they can make a positive difference. But even through all of this, I never guessed it would lead me to my teenage dream of giving a TEDx talk. My speech, entitled 'How I made Positivity Stick' described not only Positive Post-It Day, but also the evolution of bullying. In my opinion, bullying truly started on the playground. The hurtful slurs said to have contextual evidence leading to cooties, and the battle of "who is it?" was only the beginning. Life flashed before our eyes, and the playground bullies turned into hallway tormentors. Now looking into 2015, we are facing an epidemic. With the technological advances posed by modern day society, including social media and the cellular





Caitlin Haacke presenting her TED x Teen speech in New York

device, cyberbullying is becoming far more prominent. In layman's terms, our devices have taken hold! While none expected name calling to turn into this, it is now leading society to face greater issues of depression and mental health, including teen and adult suicides. The online and physical torment may happen to all generations, but we must remember: All generations can put a stop to it.

One story I often tell is of my first act of kindness. When I was barely four years old, I was walking around Calgary with my mom. We were walking past a bakery when I saw a nanaimo bar in the window. These were my favourite treats, and a staple in Canadian culture. After an entire day of begging and pleading, my mother finally allowed me to return and purchase one. Nearly home, I found myself in a strange encounter: A run in with a homeless man who jumped from behind a trash bin. I noticed he looked hungry, so without hesitation, I handed him my treat.

At four years old, I knew that an act of kindness could change someone's entire

life and I'd like to believe that I helped that man. But somewhere between that notion, and my teenage years, I learned that not everyone had the same ideas as me. But that never stopped me and it never will. If one does not know the power of kindness, teach them. And that is exactly what I intend to do: Teach others my two step process to changing the world.

Last year, I opened my heart. Opened it to kindness, benevolence, and decency. Within eight months it led me to the greatest places in the world, and even allowed me to check several things off of my bucket list. From my home city in Alberta, Canada, to New York and Japan. This three inch by three inch piece of paper taught me the beauty in the world and the power of a positive phrase! It may not be the be all to end all solution but it's one way to teach society that they have power over negativity and that the world is a better place when we all take a moment to praise each other. Not to mention the lesson I learned: that a small town student from a small town world can take the world by storm!

Remember
to love
yourself

October 5th 2015 will be the second annual International Positive Post-It Day and my hope is that it will be the largest so far. From my home in Canada, to the other end of the planet, and even the International Space Station! Let's paint the world a shade of kindness.

Dear reader: Grab a Post-It, and dig deep in your heart. You never know when the next 'You're Beautiful' could save a life. ●

If you'd like to get in touch with Caitlin you can contact her on positivepostitdaycaitlinhaacke@gmail.com You can also follow Caitlin's latest kindness campaign on social media.

f Positive Post-It Day-Caitlin Haacke
t @caitlin_haacke

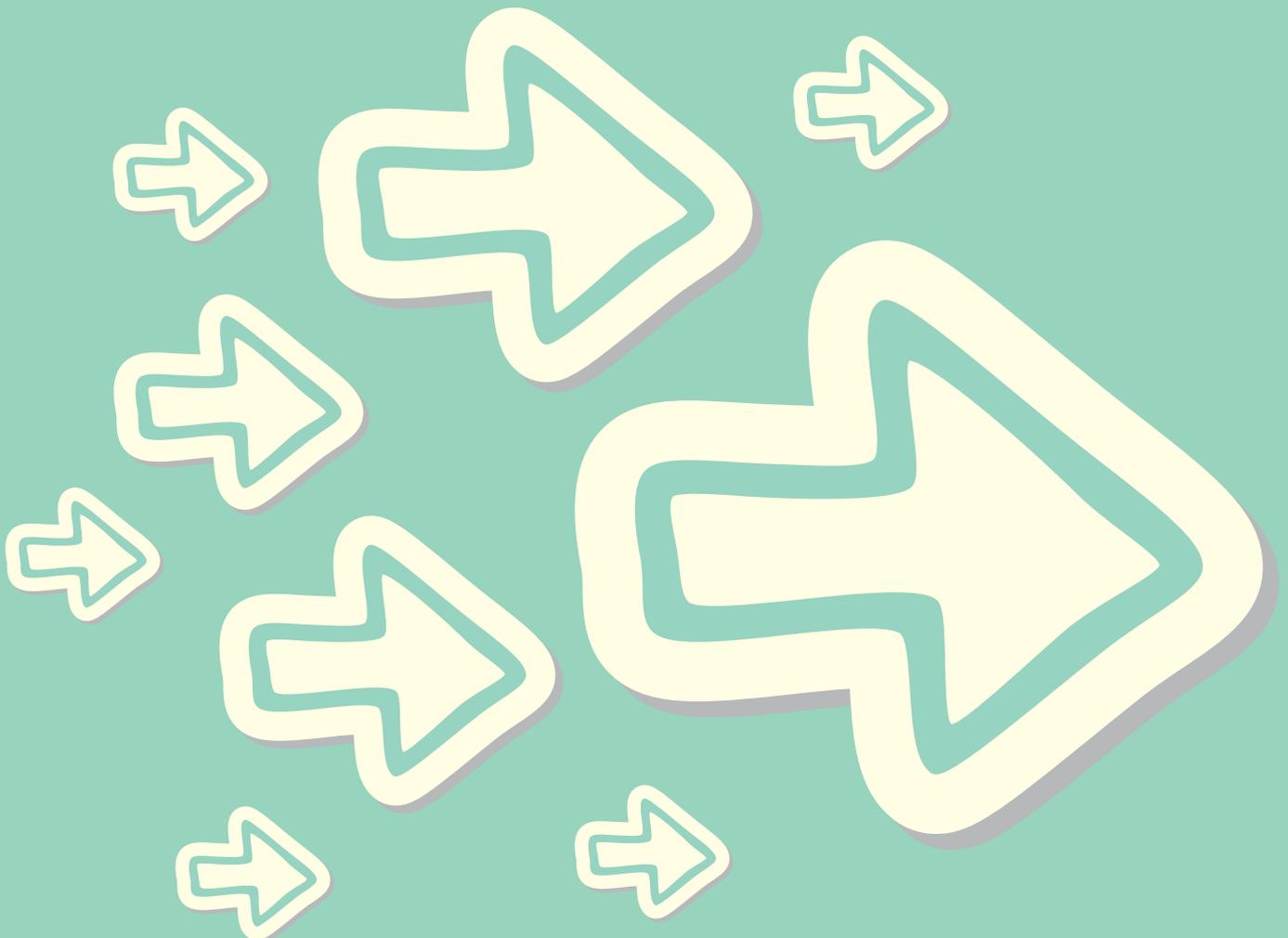
WHAT DRIVES YOU FORWARD IN LIFE?

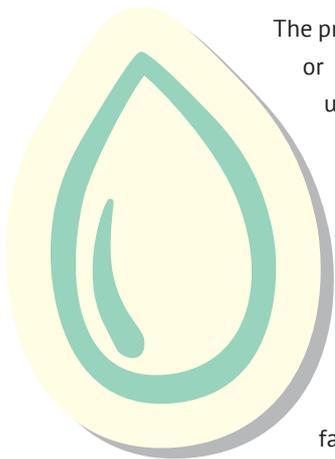
ISHANAZ BAHAR AND DYLAN ALEXANDER, FROM THE

AUSTRALIAN INTERNATIONAL SCHOOL WRITE ABOUT

THE IMPORTANCE OF TAKING TIME OUT

FROM THE STRESS OF STUDYING





The pressure of achieving a certain grade or result in an exam can be difficult upon students, with the late nights spent studying, irritability as well as moodiness, and the caffeine that continuously seems to be in circulation. So it seems logical that many students fear such times, arguably even hate it. In swimming, I found an activity where there was not only a social factor, with students from many year groups interacting with one another during training, but also a time where I could simply be alone with my thoughts.

Interestingly, in the right mood, it was even possible to muse on the content of a particular exam whilst swimming longer distances, where normally the brain tends to drift. I can say with certainty that without the daily training ritual that swim training

provides, I would not have survived my exams. And both my mental and physical health are all the happier that I kept it up.

This term, our Coaches have made the decision to not only focus on training in the water, but also in strengthening our mentalities in relation to training. Emphasizing the importance of perseverance, commitment and strength of character. I am very happy that such a direction has been taken, in that with any sport, there is clearly more than the physical act. The athlete must be willing to give it his or her all, and embody the traits listed above as well as more if they wish to be truly successful. Also the embodiment of such traits are not mutually exclusive to swimming, and so by being taught the importance of them in swimming, we can then translate them to both our classes and our personal life.

Dylan Alexander



Casting our minds back to middle school health classes - when speaking of adequate daily nutrition, we often heard the phrase: "Everything in moderation."

Little did I know that this phrase would remain relevant throughout the course of two years, going through the International Baccalaureate Diploma Programme (IB DP).

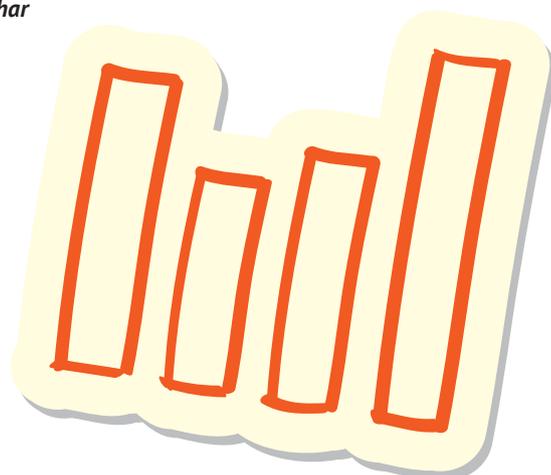
The Australian International School in Singapore arguably holds some of the most dedicated music staff, with a music department with diverse choices of ensembles.

As a music student, I am constantly bombarded with opportunities to participate in an array of repertoire - I may be singing in the choir on Mondays, having a production rehearsal on Tuesdays. My Thursdays may be playing the clarinet in concordis (our small orchestra), or my Fridays with the soul band.

People often approach me with a look of "aren't you tired?" or "Don't you have studies to focus on?" But what we often don't realize is that we have more spare time than we think we do, as long as we plan our daily tasks in moderate proportions. This is where moderation comes in. I find my study sessions more useful when I give full attention to it for an hour - as opposed to the dragged out stress from blankly staring at a text for three hours straight.

And it is important that we find something non-academic that drives us forward, even more so if academics are challenging. For me, AIS is where I discovered that music is what drives me forward in life, poco a poco (little by little) each day.

Ishanaz Bahar



THE QUEST FOR PEACE

STUDENTS FROM ST GEORGE'S BRITISH INTERNATIONAL SCHOOL IN ROME

SHARE THE EXPERIENCES THEY HAD AT THE NOBEL PEACE SUMMIT

Striving towards a world without violence, the Annual World Summit of Nobel Peace Laureates facilitates the sharing of ideas, ideals and opinions, by Nobel Laureates from different nationalities, through a public debate that promotes initiatives and international campaigns for World Peace.

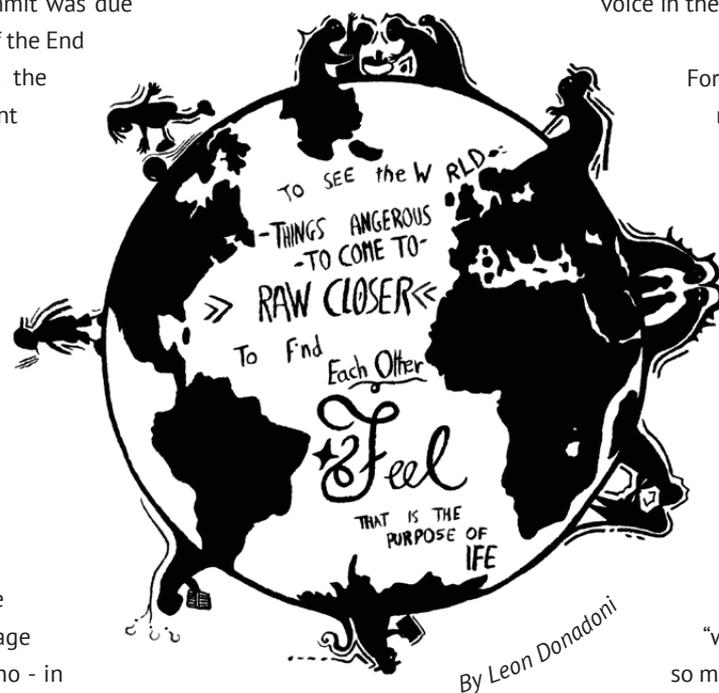
Rome, the cradle of this annual event (initiated in the year 2000), was proud to welcome the 14th World Summit of Nobel Peace Laureates, re-located as an emergency response to the refusal of an entry visa for His Holiness the Dalai Lama to South Africa, where the Summit was due to mark the 20th Anniversary of the End of Apartheid. Happily for us, the opportunity to host the event renewed the spirit of Rome as a meeting point for the ideals of peace, tolerance and equality.

The 14th edition was dedicated to the memory of Nobel Laureate Nelson Mandela, the man who gave his life in the name of peace and freedom, the man who managed to influence entire generations through his courage and perseverance, the man who - in the absence of rights and freedoms - stubbornly kept dreaming. In his own words, 'A winner is simply a dreamer who never gave up.' Mandela's own dream has succeeded in setting people free.

We have been delighted and honoured to have met some of the great women and men who have collected the torch passed on by President Mandela. Their debates highlighted COMPASSION (as respect for the feelings and the rights of your fellow human beings); RESPONSIBILITY (it is us, the younger generation, who have the duty and the capacity of making our world a better place) and ACTIVISM (be actively involved in making a change -

any change, however small, will contribute to equality, freedom and therefore peace in our world).

This year's World Peace Summit was a watershed moment for the international community: it was truly a privilege to witness passionate speeches analysing the military subjugation of Yemen; the heated debates on the prevention of nuclear warfare - and most of all, the warmth and sympathy that united the Nobel Laureates themselves, despite their conflicting cultural backgrounds: their solidarity found a common voice in their plea for peace.



For our group, the most memorable moments included being able to approach some of the laureates and hear their experiences first-hand; we had the honour of conversing with heroines such as Betty Williams, who, at the sight of our nervous outstretched hands, offered us a warm embrace each, insisting that 'arms are for hugging', and Jodie Williams, who gave us blunt but very true advice: "what's critical in life is that you're so moved... that you move"!

It was the experience of a lifetime to be reminded by inspirational figures like Leymah Gbowee and His Holiness the Dalai Lama that, despite identifying ourselves as ethnically diverse, we are all citizens of humanity and must honour that role by being committed to change and standing up for what is right; if there is anything we have learnt from witnessing the Summit, it is that peace starts within individuals. The event left us inspired and determined to strive for opportunities, however small, which will lead to a better and brighter future for our world. ●

Alice Camilleri Burke & Estella Gutulan-Bastide

On the 13th of December—the second day of the 14th World Summit of Nobel Peace Laureates (held in Rome) —I had taken my seat, oblivious to the enlightening experience that lay ahead of me: the pressing issue of climate change.

Acting as advocate for this global hazard was Dr. Rajendra Kumar Pachauri—the Chair of the Nobel Peace Prize-winning Intergovernmental Panel on Climate Change (IPCC). Dr Pachauri stated that the future of our Earth was the sole responsibility of the modern-day generation—us, people like you and me. Listening to his words, I felt a metaphorical weight being placed on my shoulders, its weight increasing with each successive discussion of consequences of hazardous human activity led by the representative of the IPCC.

Dr Pachauri specified that if human carbon emissions will not significantly decrease by at least 60%, by 2050, 70% of our Earth's coastline will be affected, with several islands vanishing under the surface, causing the deaths of millions of people: my shoulders were at their breaking point.

Nearing the end of Dr Pachauri's address, his colleague, Colin Archer (administrator of the International Peace Bureau) expanded on Dr Pachauri's argument, by employing an analogy that would resonate with me for weeks to come, utilizing one of nature's most common but symbolic images—a tree—as visual analogy for our troublesome world. Mr Archer stated that the roots of the structure was the location in which an issue—such as climate change—would evolve, then progressing to the branches and bloom, decaying all visible features of the tree, until our first natural human impulse to protect the fruit would finally be triggered; the IPB representative then went on to state that we must evolve and adapt to the problematic situations that are presented to us, so that we can successfully eradicate the issue by neutralising it at the source—the roots.

Nicholas Chiarini

Leymah Gbowee received the Nobel Peace Prize in 2011 for leading a non-violent movement that brought together Christian and Muslim women to end Liberia's devastating, fourteen-year civil war (2003).

In the 1990s, Gbowee had dreams of becoming a doctor after graduating from high school - she planned to join the University of Liberia. She recalls clearly the day the first Liberian civil war came to her doorstep: "All of a sudden, one July morning I wake up at 17, going to the university to fulfil my dream of becoming a medical doctor, and fighting erupted." Watching the effects of war on the Liberians, she decided instead to train as a trauma counsellor to treat individuals who once were child soldiers.

Since winning the Nobel Peace Prize, Gbowee travels internationally to speak about the devastating effects of war and gender-based violence. She has featured on CNN and the BBC, emphasizing the pressing need for the inclusion of women in conflict-resolution. She has received several honorary university degrees and is a Global Ambassador for Oxfam.

Witnessing Gbowee's strength and courage at the Peace Summit gave me insight into how influential women like her can bring a change to our society. It was truly an honour to listen to the Nobel Peace Prize winners debating global issues during the Summit and I hope to work towards influencing my peers to take action towards building a non-violent future.

Bashar Fakhry

The Nobel Peace Summit is held every year, to find out more visit www.nobelforpeace-summits.org

 **nobelforpeace**
 **@nobelforpeace**

REACHING UNIVERSITY

FANCY WINNING AN INTERNATIONAL STUDY SCHOLARSHIP TO ATTEND A UK SUMMER SCHOOL, WHILST ALSO GIVING YOURSELF THE BEST CHANCE OF SECURING A PLACE AT A TOP UNIVERSITY? READ ON...

Are you a student at a world class school? A new international proficiency test will help tell you - and the world!

The need for you to build an impressive CV as you proceed through education into the world of work has never been more important. Those that are selecting graduates for jobs or aspiring under-graduates for university places are today requiring far greater certainty that their decisions are the right ones. A critical factor in convincing them is your ability to demonstrate a longer-track record of academic prowess, beyond just one set of locally-taken final exams.

If you want to play a part on the world stage, either working for an international company, or even a local one which does international business, you must start thinking about creating a portfolio of positive impressions, almost from the start of senior education. And that could be from the age of ten!

A new set of international proficiency tests, measuring academic abilities across age groups and across national boundaries, is being launched to help students like you, university admissions tutors and employers of graduates to determine which applicants are capable of working and academically performing at demanding international standards. Results will be matched against a control group of UK-based students at top private schools, helping those reading the results to gauge even more accurately your status, performance and that of the schools from which they come.

The drive for this, which is increasing in intensity, is arriving from two connected directions: higher education institutions and international employers.

One difficulty faced by admissions tutors for some time now has been their ability to compare national and local academic

results against British standards. If international schools sit IGCSE and A-levels, that is a great help. But many don't, and many students looking for places at university in the UK do not come from international schools and have to rely purely on their local country results. These are hard to assess from several thousand miles distant.

Equally, the 'failure' rate of big businesses seeking to employ a cultural mix of international trainees is uncomfortably – and expensively – high. One British-based multi-national, fmcg manufacturer and marketer, recently reported that for every 100 trainees taken onto its management development schemes, fewer than one in ten made it beyond the third year of employment, thereby wasting a significant proportion of the huge investment put behind each one of these youngsters. Companies like this are desperately seeking ways to be far more certain of who they are going to support before they start spending large sums in getting them trained.

At the same time, bright students like you naturally want to stand out from the crowd. Until now there has been nothing available to help you measure your performance against an independent world standard and against what students of the same age are achieving in Britain. If you could demonstrate that you are 'world class' over a longer period than just one exam season – such as during the whole of your school life from 10 - 18 - so much the better.

The new set of international Proficiency tests is to be called BUSSATs – British Universities and Secondary Schools Achievement Tests – which you can take at stages from the age of 10 - 18.

Pearson VUE, the world's leading computer-based testing company, and British-based Anglo Schools International

Services, have developed BUSSATs, which from later this year will allow students attending schools in India, Hong Kong, China, Thailand, Japan and Malaysia, to be measured against each other and against a selected control group of British children attending top private schools.

Computer-based tests in English comprehension and grammar, Maths (at three levels) and General Knowledge are delivered throughout the year at secure Pearson VUE test centres across the world. The questions, which are all multi-choice, have been written by Directors of Studies from several top UK schools. The exams were tested by a cohort of British private school students from the various age groups before being piloted for two years across India (widely) and Japan and Malaysia (partially). The full international roll out is planned to begin with Hong Kong and China in the autumn of this year, and will be launched fully in other regions in early 2016. (Schools wanting to take the tests, in whichever region, can, however, apply to do so from now. See below for contacts.)

The results allow you as an individual, and the school you come from, to compare your results against wider international and British standards. Not only will you be able to show a series of impressive certificates in your 'CV portfolio' – you can also take the tests annually if you wish.

There is a further significant educational reason for you to take the new tests, success breeds more success. If you take the test as you progress through the age groups and succeed, stage by stage, you will gain high levels of confidence – and when the time comes, you know that you will be able to compete for top university places and international jobs. If you know you are performing well, you will do even better.

And there is a further bonus for you to participate. The top students from each country each year will win International

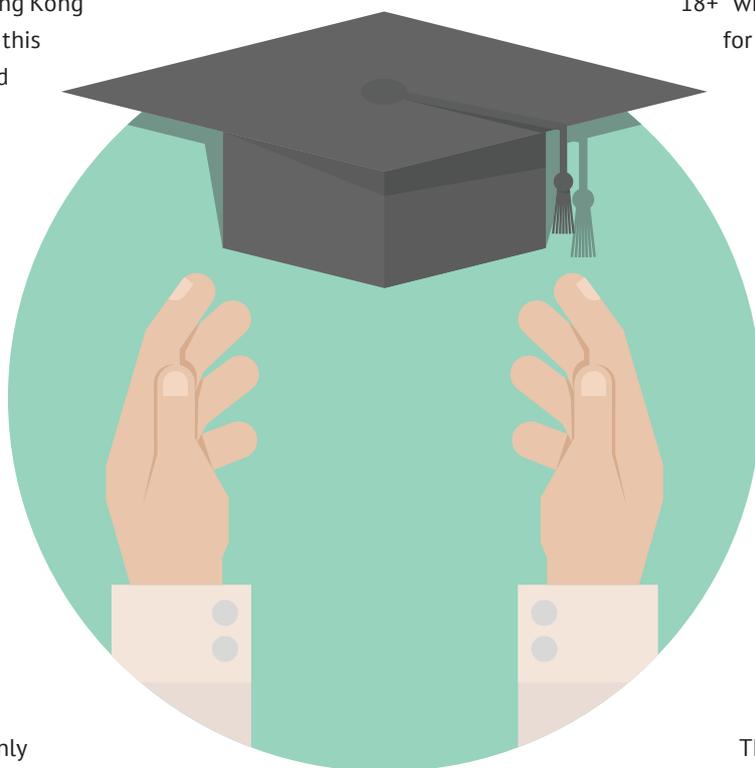
Study Scholarships to attend UK summer schools and university preparation courses.

So who can sit BUSSATs? The tests are designed for students in three stages taking them from aged at least ten to no more than 18, on the 1st September of their current academic year.

Junior Achiever: For those aged at least 10 but under 12 on September 1st of the year in which the exam is taken.

Mid-Years Achiever: For those aged at least 12, but under 15, on September 1st of the year in which the exam is taken.

Graduate Achiever: For those aged at least 15, but under 18, on September 1st of the year in which the exam is taken.



Later in 2016, a new exam for students aged 18+ will be introduced, specifically for those wishing to study within a year at a UK university or college. The exams will not be mandatory but the results will be 'advisory', and will provide supplementary evidence to support your applications if you have not had the opportunity to take the earlier stages of BUSSATs. In addition, with so many foreign students opting for digital or distance learning, a special exam for them will be created. This will be aimed at providing evidence for learners to show that they can manage a return to study, especially if they have had a long gap in the learning development process. ●

David Boddy is Principal Partner, and Victoria Davies Jones is a BUSSATs Consultant, Anglo Schools International Services (ASIS).

If your school would like to be amongst the pioneers in this new development, please contact: Sushila Tiwari s.tiwari@bussats.com (For enquiries from India); Victoria Davies Jones v.daviesjones@bussats.com (For enquiries from Hong Kong & China) or David Boddy d.boddy@angloschools.co.uk (For enquiries from rest of Asia/Europe) For further information, visit www.bussats.com

THE JUNIOR TUKKIE CLUB

THE JUNIORTUKKIE CLUB AT THE UNIVERSITY OF PRETORIA PROVIDES A WEALTH OF OPPORTUNITIES TO HELP YOU DEVELOP YOUR SKILLS

The University of Pretoria (UP) is one of Africa's leading research-intensive higher education institutions, which is recognised internationally for its quality, relevance and impact, and also for developing people, creating knowledge and making a difference locally and globally. More than 61,577 students from South Africa and further afield enrol at the UP each year.

The University has nine faculties; including the Veterinary Science Faculty the only one of its kind in South Africa and that is responsible for ground-breaking research and clinical work.

UP is ranked number one in South Africa on three subject levels (a) Accounting and finance (b) Veterinary Science and (c) Philosophy. In Philosophy we are ranked in the top 151-200 institutions in the world and in Agriculture among the top 101-150.

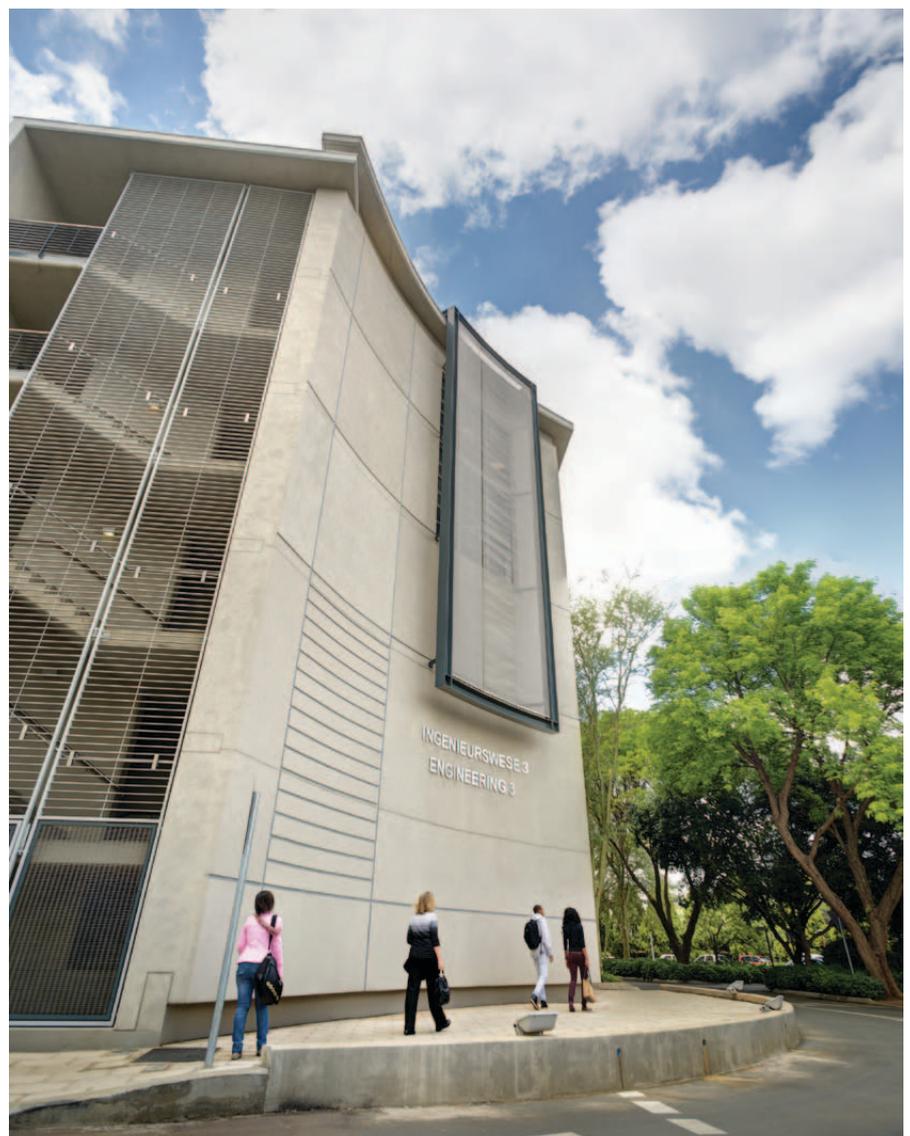
According to the prestigious UK Financial Times Executive Education the University of Pretoria's Gordon Institute of Business Science (GIBS), situated in Johannesburg, is ranked 44th as provider of executive education programmes.

The University of Pretoria offers 1,781 academic programmes, which lead to 230 different qualifications. Our programmes are presented in English. The University has established institutes, centres and units to enhance its research output. It

also offers academic service learning programmes that benefit students, staff and a number of communities.

The International Students Division provides its current 4,030 international

students with superb support resulting in a positive educational experience. Join them as you embark on an exciting academic journey. Tichawona Mutoro, an international student from Zimbabwe says, "My first enrolment at





the University of Pretoria was in BSc (Actuarial and Financial Mathematics), which I completed in November 2013. Currently I am enrolled for a BSc Honours in Mathematical Statistics. The staff of the International Student Division have been like parents for me since I arrived in Pretoria in February 2011. Attaining knowledge and obtaining an education is a rewarding and exciting experience and the University of Pretoria's curriculum is strong and encourages better thinking in preparation for the real world. I would be thrilled if I could pursue a PhD here."

What is the JuniorTukkie Club?

We want to help you develop important skills in order to better equip them for the challenges they may face as students, in their personal lives and in their future careers.

The JuniorTukkie Club targets learners

who maintain an average of 70% or more and encourages them to become members. Membership of the club does not guarantee admission to any study programme at our institution.

Benefits

- Assists final high school year learners with their applications for admission to study at the university.
- Provides first-hand information on study and career options and builds long-term relationships with prospective students
- Develops leadership qualities, computer skills, life skills, study skills and team-work skills
- Provides Proverto study guides for various subjects, access to valuable information on the JT website at www.up.ac.za/juniortukkie, special bursaries and advice to learners at

individual schools

- Offers e-learning enrichment programmes in mathematics, science, LectorSA online reading programmes, information sessions on admission requirements, advice on Grade 10 subject choices to Grade 9 learners and their parents
- Presents a Grade 11 Empowerment Week (supported by Investec) and a Grade 12 Preparation Conference (supported by Investec)
- Hosts open days in conjunction with the various faculties
- Promotes involvement in community projects

The JuniorTukkie Society

The JuniorTukkie Society is for first- to final-year students registered at the University of Pretoria who assist the JuniorTukkie Office with its various projects, while providing students with

the opportunity of gaining valuable knowledge and skills.

Junior Tukkies Student Society members are required to complete 40 hours' administrative work in the JuniorTukkies Office. By completing this mandatory service, they earn the privilege to become mentors to younger students and learners during JuniorTukkies events. They are involved in a wide variety of community outreach programmes on and off campus.

The JuniorTukkies Society for postgraduate students

Membership of Junior Tukkies Alumni is a continuation of a lifelong relationship with UP and the first step towards an opportunity to make a big difference in the lives of the next generation of South African leaders. Members also qualify for a variety of University of Pretoria Young Alumni activities.

As a member of JuniorTukkies Alumni and University of Pretoria Young Alumni they become part of an ever-growing and unique network of Tukkies who make valuable contributions to societies all over the world. ●

If you are interested in getting involved, register at www.up.ac.za/juniortukkies

 @UPTuks





Welcome to the NEW gap-year website!

www.gap-year.com



St Mary's
University
Twickenham
London



- ▶ Arts and Humanities
- ▶ Education, Theology and Leadership
- ▶ Law, Management and Social Sciences
- ▶ Sport, Health and Applied Science



Angel Leung,
BSc Nutrition and
Sport Science

"A joint honours degree allows me to pick the science subjects I enjoy most. I want to do a Masters in Physiotherapy next."



Isabel Yeow,
BSc Psychology

"The teaching suits my learning style. I get the chance to explore more through practical coursework than memorising data for exams."

www.smuc.ac.uk
international@smuc.ac.uk
+44 (0) 20 8240 2307

